3rd Dietitians workshop on PKU
Istanbul, Turkey - 14 March 2013
Aims of the workshop
Dietary restriction of phenylalanine (Phe) is still the mainstay of treatment of phenylketonuria (PKU). Other treatment options (i.e. BH₄) may enable patients to achieve optimal nutritional status and neurological development together with dietary treatment. Aims of this workshop are to share best practice, latest research and developments in the dietary management of PKU patients, discussing the main challenges and issues and appraising the different management strategies available today in various situations.

Learning objectives
At the end of the workshop, the participants will have received updated knowledge on the dietary management of PKU and will be able to:

- Evaluate the many challenges of the nutritional management of PKU, in particular the occurrence of obesity and the reduction of bone mineral content
- Consider the new perspectives in the dietary management of PKU, including the nutritional support to adult patients and the development of taste and taste preferences
- Discuss the development of dietetic guidelines for PKU, and appraise the differences in PKU dietary management among Europe, USA and the rest of the world

Target audience
Dietitians and nutritionists and any healthcare professional interested in the dietary and nutritional management of PKU.

Accreditation
Serono Symposia International Foundation (www.seronosymposia.org) will submit this program “3rd Dietitians Workshop on PKU” (14 March 2013 - Istanbul, Italy) for accreditation by the European Accreditation Council for Continuing Medical Education (EACCME®).
Learning effectiveness project

The world of CME is changing with many different live and online formats, and Serono Symposia International Foundation (SSIF) is continually trying to improve its CME activities.

With your participation in a structured series of evaluations, SSIF can provide cutting-edge learning activities designed to give you the greatest value from the time you invest.

SSIF will be running the learning effectiveness project for this meeting.

You will be involved in four main steps that will be explained in detail once you register.

Find out more here:

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Serono Symposia International Foundation is a Swiss Foundation with headquarters in 14, rue du Rhône, 1204 Geneva, Switzerland

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Beatrix Children’s Hospital  
University Medical Center of Groningen  
Groningen, The Netherlands
Scientific program
Thursday - 14 March 2013

**Session I** | **Challenges of nutritional management in PKU**
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***Chairs:*** Amaya Bélanger-Quintana (Spain)  
Anna Maria Lammardo (Italy)

8.50 **Introduction**  
Anita MacDonald (UK)

9.00 **Obesity in PKU: Definition, assessment and aetiology**  
Júlio César Rocha (Portugal)

9.30 **Incidence of obesity across Europe: a presentation by ENEP**  
Hulya Gokmen Ozel (Turkey)

10.00 **Bone status in PKU: the story so far**  
Martijn J. de Groot (The Netherlands)

10.30 **Coffee break**

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**Session II** | **New perspectives in the dietary management of PKU**
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***Chairs:*** Anita MacDonald (UK) - Hulya Gokmen Ozel (Turkey)

11.00 **Development of taste and taste preference in PKU: what do we know?**  
Kees De Graaf (The Netherlands)

11.30 **Challenges of nutritional support to adults with PKU**  
Sarah Boocock (UK)

12.00 **Original contributions and case studies**

13.00 **Lunch**
Session III  Dietary management: treatment and guidelines for all

Development of dietetic guidelines: do we have agreement?
Chair: Francjan J. van Spronsen (The Netherlands)
14.30  Questions and statements from adherence group
       Annet M. Bosch (The Netherlands)
14.45  Questions and statements from nutrition group
       Kirsten Ahring (Denmark)
15.00  What do the families and patients think?
       Eric Lange (UK)
15.15  A panel discussion with audience participation and voting
15.30  Coffee Break

Challenges and issues in dietary management in different countries: a panel discussion
Chair: Anita MacDonald (UK)
16.00  Perspectives from The Netherlands
       Margreet van Rijn (The Netherlands)
16.15  Perspectives from Turkey
       Mubeccel Demirkol (Turkey)
16.30  Perspectives from Brazil
       Ida V.D. Schwartz (Brazil)
16.45  Perspectives from Poland
       Maria Gizewska (Poland)
17.00  A panel discussion with audience participation
17.15  Day round up
       Anita MacDonald (UK)
17.30  End of the workshop
The Scientific Committee strongly invites for the submission of abstracts that will be considered for oral or poster presentation according to their scientific relevance. Authors are requested to send their abstract by e-mail by 14 January 2013 at the following address: dorina.monaco@seronasymposia.org

The abstract topic is “Diet and PKU”. Abstracts must be written in English and should be of 250 words in length (excluded spaces) and include the title of the presentation, the author’s names, the name of the institution, the city and country (not included in the word count).

The abstract should be structured as follows:

- “Introduction”: giving an informative and short background of the study
- “Aims”: outlining the main hypothesis and objectives of the study
- “Material and Methods”: indicating the number, nature and type of the cohorts or material being studied, and the main procedures, assays, tests or treatments performed for it
- “Results”: showing the main results obtained, confirming or refuting the initial hypothesis, supported by statistics if appropriate
- “Conclusions”: stating the key learning points of the study

Abbreviations can be used after defining them first. Abstract title: do not use capital letters and do not indent. The title should reflect the main content of the study and should be no longer than 150 characters.

List the authors with family name first, followed by initials (i.e. Jones, B.; Smith, J.; and Simpson, A.). The name of the first author is also the presenting author. Do not include professional titles or degrees.

Use font size 12, Times New Roman font type and line spacing 1.5.

Authors are requested to disclose any financial support received and/or any potential conflict of interest at the end of the abstract. When referring to pharmaceutical products, authors should not use brand or commercial names; the generic name (active biochemical compound) should be used instead.

The Scientific Committee will review the submitted abstracts choosing the best abstracts for oral or poster presentation. The selected abstracts will be published in the congress abstract book to be distributed on-site to all participants. Authors of the three abstracts selected for oral presentation (10 minutes presentation plus 5 minutes discussion) will get their registration fee, travel and hotel accommodation expenses reimbursed after the conference.

Notification of the accepted abstracts for oral or poster presentation will be sent by 1 February 2013.
General information

Venue
The workshop will take place at the:
**Hilton Istanbul Hotel**
Cumhuriyet Caddesi Harbiye
Istanbul, Turkey

Language
The official language of this workshop will be English.

Registration fee
The registration fee is **€ 120,00**.
For students, trainees and young fellows (post-doctoral and PhD fellows) and for registered participants at the 5th EPG Symposium the registration fee is **€ 80,00**.

*Note: for students, trainees and fellows, a letter from their institution certifying such status must accompany the registration process.*

The registration fee includes:
- Workshop sessions
- Workshop coffee breaks and luncheon
- Workshop material
- Certificate of attendance

The workshop will start at 9.00 and will end at 18.00.

* If you require special assistance (wheelchair, auxiliary aids) or special dietary requirements, please, contact us at info@seronosymposia.org

Please, note that the deadline to send the registration form is 1 March 2013. Name changes will be accepted within this date.

Personal data treatment - Informative document
In compliance with the article 13 of Italian Legislative Decree n. 196, 30 June 2003, we inform you that your personal data will be processed, with or without the use of electronic or automated means, via suitable tools that will guarantee security and confidentiality. Personal data from you supplied will be communicated to Continuing Medical Education Accreditation Authorities, to agencies that will take care of the whole accreditation process and agencies that will take care of the logistics of the event; should we not receive the below requested data, we will not be able to process your registration to the event. At anytime you may exercise your rights as laid down in the art. 7 of Italian Legislative Decree n. 196, 30 June 2003 of the Italian Law, by contacting the Data Controller Serono Symposia International Foundation (Salita di San Nicola da Tolentino, 1/b - 00187 Rome - Italy) in the person of Data Processor, Michèle Piriaux.
Serono Symposia International Foundation (SSIF) has launched a website dedicated to medical education in phenylketonuria (PKU):

www.pkuacademy.org

This website is directed at a wide audience of healthcare professionals working in the field, providing a full range of educational tools from the glossary and basic online courses to the advanced e-learning modules.

The website has two main areas: PKU Academy and PKU Masters.

The Editorial Board of the PKU Academy and Masters is composed of following academic experts:

Nenad Blau  
Francjan J. van Spronsen  
Anita MacDonald

For more information visit:

www.pkuacademy.org

www.pkuacademy.org/en/masters/

follow us on twitter

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Serono Symposia International Foundation is an independent, non-profit organization dedicated to the Continuing Medical Education (CME) of scientists, physicians, nurses, pharmacists and other healthcare professionals through state-of-the-art clinical and scientific activities designed to enhance patient care and improve healthcare outcomes.

Serono Symposia International Foundation conferences and workshops provide unique opportunities where physicians and healthcare professionals can meet with the world leading experts to learn about the latest scientific developments as well as exchange ideas in an open and stimulating environment.

Serono Symposia International Foundation offers different formats of live educational events:

- **International Conferences**: CME accredited International Conferences updating and evaluating the newest scientific topics.
- **Academia**: CME accredited International Training Courses mainly addressed to junior scientists/physicians who want to specialize in a specific field.
- **Preceptorship**: CME International Workshops based on theory and practice sessions. Tutors and participants are able to directly share practice and knowledge.

If you wish to learn more about Serono Symposia International Foundation’s educational activities, please visit: www.seronosymposia.org

The website will provide you with:

- A calendar of upcoming Serono Symposia International Foundation events
- Online CME courses
- Presentations from past events
- Literature reviews
  - Symposia reviews
  - Abstracts
  - Glossaries
  ... and a lot more!
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☐ I require special assistance (wheelchair, auxiliary aids) or special dietary requirements.

**Payment**

☐ **Payment by Bank Transfer** headed to:
  Meridiano Viaggi e Turismo S.p.A. - Via Mentana, 2/B - 00185 Rome, Italy
  Bank: BANCA INTERMOBILIARE S.p.A.
  FILIALE DI ROMA - VIA DONIZETTI, 14 - 00198 ROME - ITALY
  Account number: 004570003808
  IBAN Code: IT55F0304303200004570003808 - SWIFT Code: BIMITITTTXXX

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Via Sapri, 6 | 00185 Rome, Italy - T +39 06 88 595 211 - F +39 06 88595 234  
E-mail: s.guglielmini@meridiano.it

All completed Registration forms will be acknowledged by e-mail or fax.

Once you confirm rooms to Meridiano, full penalty will be applied in case of cancellation.

FOR ANY ACCOMMODATION NEED PLEASE CONTACT  
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Italy

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Via Sapi, 6

Attn: Sara Guglielmini

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