Aim of the workshop
To share practice and to explore any potential developments in the dietary management of PKU.

Learning objectives
After attending this workshop, the participants will be able to:
- Examine the management of PKU with dietary treatment only
- Discuss the manipulation and management of diet therapy in combination with drug therapy
- Explore future developments and new technologies for improving dietary treatment and patient communication
- Consider the many challenges of dietary treatment and appraise different management strategies

Target audience
Dietitians and nutritionists and any health professional interested in the dietary management of PKU.

Accreditation
Serono Symposia International Foundation (www.seronosymposia.org) has submitted this program “Dietitians Workshop” (March 24, 2011 - Lisbon, Portugal) for accreditation by the European Accreditation Council for Continuing Medical Education (EACCME). There is an official agreement for mutual recognition of CME credits between the European Accreditation Council for Continuing Medical Education (EACCME) and the American Medical Association (AMA).


This program “Dietitians Workshop” (March 24, 2011 – Lisbon, Portugal) has been submitted for CME accreditation from the Italian Ministry of Health - Reference numbers: 13776 – 11005802 (physicians) and 13776 – 11005803 (dietitians).

All Serono Symposia International Foundation programs are organized solely to promote the exchange and dissemination of scientific and medical information. No forms of promotional activities are permitted. All Serono Symposia International Foundation programs are made possible thanks to the unrestricted Educational grant received from: Centre d’Esclerosi Multiple de Catalunya, Vall d’Hebron University Hospital, ComtecMed, Congrex Sweden, Congrex Switzerland, Cryo-Save, Datanalysis, Esaote, Fundación IVI, ISFP International Society for Fertility Preservation, ISMH International Society of Men’s Health, K.I.T.E., Merck Serono, Ministry of Health of the State of Israel, University of Catania.
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Heidi Zweers
Department of Gastroenterology and Hepatology-Dietetics
Radboud University Nijmegen Medical Centre
Nijmegen, Netherlands
Scientific program
Thursday - March 24, 2011

9.00  Serono Symposia International Foundation (SSIF) opening
Jean-Daniel Baki (SSIF, Geneva, Switzerland)

9.05  Welcome and Introduction
Anita MacDonald, UK

<table>
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<tr>
<th>Plenary Session I</th>
<th>PKU management in 2011: a review of what we know and don’t know and what needs to be done Diet: where are we now?</th>
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<tbody>
<tr>
<td>Session chairs:</td>
<td>Anita MacDonald, UK and Martine Robert, Belgium</td>
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9.15  Dietary management
Margreet van Rijn, Netherlands

9.40  Diet and sapropterin
Amaya Bélanger-Quintana, Spain

10.05 Coffee break

10.35 Challenging cases
Anne Daly, UK

<table>
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<th>Plenary Session II</th>
<th>Life with diet and PKU? How do we measure it?</th>
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</thead>
<tbody>
<tr>
<td>Session chairs:</td>
<td>Kirsten Ahring, Denmark and Hulya Gokmen-Ozel, Turkey</td>
</tr>
</tbody>
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11.35 Quality of Life
Speaker TBC

12.05 Lunch

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<tr>
<th>Workshops’ Sessions</th>
<th>Sharing practice in PKU</th>
</tr>
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13.05 Workshop Sessions PART 1

14.05 Coffee break and rotation of Workshops

14.35 Workshop Sessions PART 2
Workshop Sessions 1: Provision of care for diverse ethnic populations/groups

Session Chairs: Anita MacDonald, UK and Hulya Gokmen-Ozel, Turkey

Workshop Sessions 2: The challenges of maintaining dietary control in older patients?

Session Chairs: Eleanor Weetch, UK and Heidi Zweers, Netherlands

Workshop Sessions 3: Exploring nutritional complications: case studies and short reports

Session Chairs: Martine Robert, Belgium and Annamaria Lammardo, Italy

Workshop Sessions 4: Modern technology, communication and online education systems: can it improve care? (local, national and international initiatives): examples in particular

Session Chair: Kirsten Ahring, Denmark

Plenary Session III

The final say!

Session chairs: Kristina Motzfeldt, Norway and Eleanor Weetch, UK

15.35 Summary of the Workshops Sessions

16.35 Conclusions

Anita MacDonald, UK

16.45 End of the Workshop
General information

Venue
The workshop will take place at the:

Corinthia Hotel
Av. Columbano Bordalo Pinheiro, nº 105
Lisbon 1099-031, Portugal

Language
The official language of this workshop will be English.

Registration fee
The registration fee is € 100,00.
Students, and trainees registration fee is € 75,00.

Note: for students and trainees, a letter from the institution head certifying status must accompany the registration.

The registration fee includes:
• All workshop sessions
• Workshop coffee breaks and lunch
• Workshop material
• Certificate of attendance

* If you require special assistance (wheelchair, auxiliary aids) or special dietary requirements, please, contact us at info@seronosymposia.org

Please, note that the deadline to send the registration form is March 8, 2011. Name changes will be accepted within this date.

Hotel accommodation
See the enclosed hotel accommodation form.

Personal data treatment - Informative document
In compliance with the article 13 of Italian Legislative Decree n. 196, 30 June 2003, we inform you that your personal data will be processed, with or without the use of electronic or automated means, via suitable tools that will guarantee security and confidentiality. Personal data from you supplied will be communicated to Continuing Medical Education Accreditation Authorities, to agencies that will take care of the whole accreditation process and agencies that will take care of the logistics of the event; should we not receive the below requested data, we will not be able to process your registration to the event. At anytime you may exercise your rights as laid down in the art. 7 of Italian Legislative Decree n. 196, 30 June 2003 of the Italian Law, by contacting the Data Controller Serono Symposia International Foundation [Salita di San Nicola da Tolentino, 1/b - 00187 Rome - Italy] in the person of Data Processor, Michèle Piraux.
Travel information

Lisbon offers a fascinating combination of the old and the new, with an unmistakable character and a beauty all of its own. The cradle of the city is the medieval castle of Sao Jorge, which stands with its ten towers on the hill. Nearby is Alfama, the old Moorish quarter with its narrow winding streets and white washed houses and the Bairro Alto, center of fado, the traditional folksong of Lisbon. Belem - where the ships of Vasco da Gama and other famous explorers were launched from, with its famous Tower and the Monastery of Geronimo’s, both among the finest examples of Manueline Architecture. Beautiful works of art may be admired in museums and palaces all over Lisbon.

Lisbon is very easy to get to. It’s just a short flight away from most European locations and also easily accessed by road, sea and rail.

**Flights to Lisbon** - The airport has daily flights to and from the major cities in the world and the national airlines are TAP - Tap Air Portugal, PGA - Portugália Airlines and Air Luxor. The airport is located seven kilometres (four miles) north of the city. Approximate flight times to Lisbon: From London is 2 hours 20 minutes; from New York is 6 hours 45 minutes; from Los Angeles is 12 hours (plus transfer); from Toronto is 9 hours 30 minutes (plus transfer); and from Sydney is 22 hours 30 minutes (plus transfers).

**Road** - If you’re driving to Lisbon, enjoy the countryside along the way. The A1 Auto-estrada do Norte extends from Porto to Lisbon and the A8 arrives from destinations to the north and west of the city. The A9 bypasses Lisbon, connecting the A1, A8 and the A5, which links Lisbon with Cascais and the beaches. The A2 Auto-estrada do Sul arrives from the Algarve via Almada and the Ponte 25 de Abril. The A12 crosses the Ponte Vasco da Gama, offering a less congested route into the city.

**Trains to Lisbon** - International trains arrive in Lisbon every day, mainly to Santa Apolónia Station and more recently to the Gare do Oriente, the newest railway station located in the former Expo Park, today known as Nations Park. Intercity trains connect all of Portugal’s major cities to either Lisbon or Porto. Both the comfortable Alfa Service from Porto and the InterCity train from Faro take 3 hours 30 minutes to reach Lisbon. There are overnight trains from Madrid (10 hours) and Paris (18 hours 30 minutes).

**Sea** - International cruise ships stop at Alcântara, Rocha do Conde de Óbidos and Santa Apolónia. There are five marinas that receive private boats and provide mooring, Bom Sucesso, Belém, Santo Amaro, Alcântara and Olivais.

Register to Serono Symposia International Foundation website: [www.seronosymposia.org](http://www.seronosymposia.org)
Registration & Hotel accommodation form
Registration form

Serono Symposia International Foundation
Dietitians Workshop
Lisbon, Portugal - March 24, 2011

Last Name                                       First Name                      Academic Title

Institution                                                                                         Department

Address

City                                                   Province/Country                                                        Postal Code

Office Telephone Number(s)                                  Mobile Telephone Number(s)

Fax Number                                                            E-mail

Registration fee

➢ The registration fee is € 100,00.
➢ The registration fee for students and trainees is € 75,00.
For students and trainees, a letter from the institution head certifying status must accompany the registration.

Workshops’ Session
Each workshop has a limited number of available places.
Participants will have the possibility to attend two (2) workshop. Please, mark your preference, in order of interest, for all the 4 workshops (1 most interested, 4 less interested).

A. Please, number (1-4) the Workshops you are interested in:

Choice n. _____ Workshop 1: Provision of care for diverse ethnic populations/groups

Choice n. _____ Workshop 2: The challenges of maintaining dietary control in older patients?

Choice n. _____ Workshop 3: Exploring nutritional complications: case studies and short reports

Choice n. _____ Workshop 4: Modern technology, communication and online education systems: can it improve care? (local, national and international initiatives): examples in particular

B. Please take into consideration that workshop session will be organized with the contribution of participants willing to present/send a case report (2/3 minutes discussion with 2 slides) will be requested) on a specific topic of one of the above workshops. Participants who wish to present a short contribution are requested to agree on the below statement. They will be contacted by the Workshop Chairmen.
I agree to be contacted by the Workshop Chairman and contribute by presenting a short case report in the Workshop (tick the box):

- Workshop 1: Provision of care for diverse ethnic populations/groups
- Workshop 2: The challenges of maintaining dietary control in older patients?
- Workshop 3: Exploring nutritional complications: case studies and short reports
- Workshop 4: Modern technology, communication and online education systems: can it improve care? (local, national and international initiatives): examples in particular

You consent to provide the Chairman with your contact details:

<table>
<thead>
<tr>
<th>Last Name</th>
<th>First Name</th>
<th>Academic Title</th>
</tr>
</thead>
</table>

Telephone number | E-mail address

Please, note that the deadline to send the registration form is March 8, 2011. Name changes will be accepted within this date.

I require special assistance (wheelchair, auxiliary aids) or special dietary requirements.

Payment

- **Payment by Bank Transfer** headed to: “Meridiano viaggi e turismo s.r.l”
  
  BANCA INTERMOBILIARE S.p.A
  
  FILIALE DI ROMA - VIA DONIZETTI, 14 - 00198 ROME - ITALY
  
  Account number: 000000003808
  
  IBAN: IT11 C030 4303 2000 0000 0003 808 - SWIFT: BIMTITTTXXX

- **Payment by Credit Card**
  
  Charge to the following Credit Card (Handling fee 3.5%):
  
  - MasterCard/EuroCard
  - Visa

Card Number | Exp. Date
Card Holder Name (PLEASE PRINT) | Card Holder’s Signature | Date

**ONLY REGISTRATION FORMS ACCOMPANIED WITH PAYMENT CAN BE PROCESSED**

**Mail to:** Sara Guglielmini c/o Meridiano Congress International

Via Mentana, 2/B | 00185 Rome, Italy | T +39 06 88 595 211 | F +39 06 88595 234

E-mail: s.guglielmini@meridiano.it

All completed Registration forms will be acknowledged by e-mail or fax.

Cancellations must be received in writing before February 8, 2011: 50% REFUND. After this date, no refund will be provided.
Hotel accommodation form

Serono Symposia International Foundation
Dietitians Workshop
Lisbon, Portugal - March 24, 2011

Last Name                                      First Name                      Academic Title

Institution                                                                                         Department

Address

City                                                   Province/Country                                                        Postal Code

Office Telephone Number(s)                                  Mobile Telephone Number(s)

Fax Number                                                            E-mail

For hotel reservation, please return the completed form with full prepayment of the requested nights. Hotel Reservation forms without prepayment cannot be processed.

DEADLINE FOR RESERVATIONS: March 8, 2011.

Reservations after this date are not guaranteed and will be made on a space-available basis.

- **Hotel Corinthia Lisboa** (meeting venue)
  - Double room for single use: **€ 166,00** per night

- **Hotel Sana Malhoa**
  - Double room for single use: **€ 116,00** per night

Check in date: ___________  Check out date: ___________  (N° of nights: _____)

*Rates include breakfast and city taxes.*

**Payment**

- **Payment by Bank Transfer** headed to: "Meridiano viaggi e turismo s.r.l"
  - BANCA INTERMOBILIARE S.p.A
  - FILIALE DI ROMA - VIA DONIZETTI, 14 - 00198 ROME - ITALY
  - Account number: 000000003808
  - IBAN: IT11 C030 4303 2000 0000 0003 808 - SWIFT: BIMTTITTTXXX

- **Payment by Credit Card**: Charge to the following Credit Card *(Handling fee 3.5%)*:
  - ☐ MasterCard/EuroCard                ☐ Visa

  Card Number                             Exp. Date

  Mail to: Sara Guglielmini c/o Meridiano Congress International
  Via Mentana, 2/B | 00185 Rome, Italy | T +39 06 88 595 211 | F +39 06 88595 234
  E-mail: s.guglielmini@meridiano.it

Once you confirm rooms to Meridiano, full penalty will be applied in case of cancellation.
Mail to:
Meridiano Congress International
Att: Sara Guglielmini
Via Mentana, 2/B
00185 Rome
Italy
Serono Symposia International Foundation is an independent, non-profit organization dedicated to the Continuing Medical Education (CME) of scientists, physicians, nurses, pharmacists and other healthcare professionals through state-of-the-art clinical and scientific activities designed to enhance patient care and improve healthcare outcomes.

Serono Symposia International Foundation conferences and workshops provide unique opportunities where physicians and healthcare professionals can meet with the world leading experts to learn about the latest scientific developments as well as exchange ideas in an open and stimulating environment.

Serono Symposia International Foundation offers different formats of live educational events:

- **International Conferences**: CME accredited International Conferences updating and evaluating the newest scientific topics.
- **Academia**: CME accredited International Training Courses mainly addressed to junior scientists/physicians who want to specialize in a specific field.
- **Preceptorship**: CME International Workshops based on theory and practice sessions. Tutors and participants are able to directly share practice and knowledge.

If you wish to learn more about Serono Symposia International Foundation’s educational activities, please visit: [www.seronosymposia.org](http://www.seronosymposia.org)

The website will provide you with:

- A calendar of upcoming Serono Symposia International Foundation events
- Online CME courses
- Symposia reviews
- Presentations from past events
- Abstracts
- Literature reviews
- Glossaries
  
  ... and a lot more!