

Fatty acid oxidation defects

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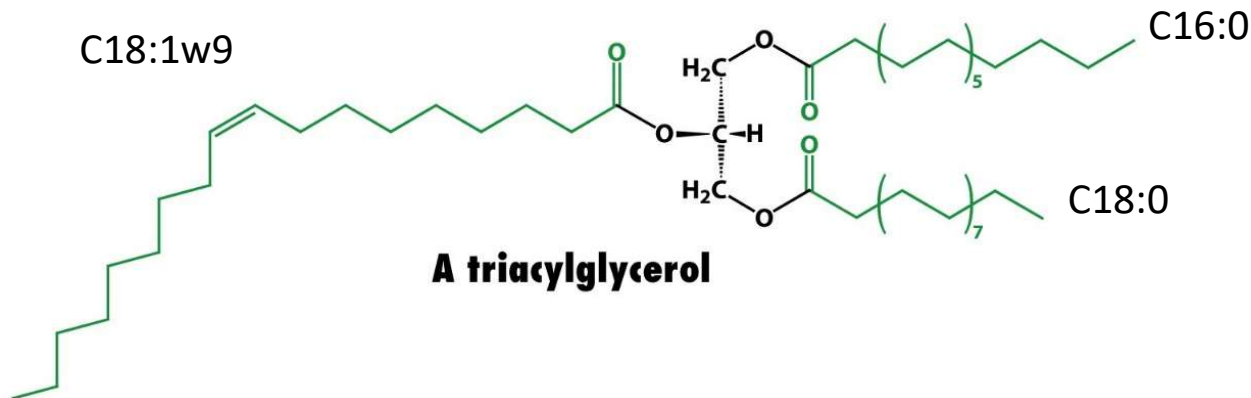
Outline



- Physiology of mitochondrial fatty acid oxidation
- Key diagnostic tests/ lab aspects
- Disorders (Presentation, Diagnosis, Treatment)
- Carnitine cycle defects
 - Carnitine transporter, CPT-I, CACT, CPT-II
- Mitochondrial beta-oxidation defects
 - Long chain (VLCAD, LCHAD, MTP), MCAD, Short chain (SCAD, SCHAD, ECHS1)
- Electron transfer flavoprotein
 - MADD, Associated Riboflavin defects
- Take Home Messages/ Summary

Physiology of mitochondrial fatty acid oxidation

Fatty acid origin and actions



Fatty acids

Energy (β -oxidation)

Metabolism (desaturation, elongation, oxidation)

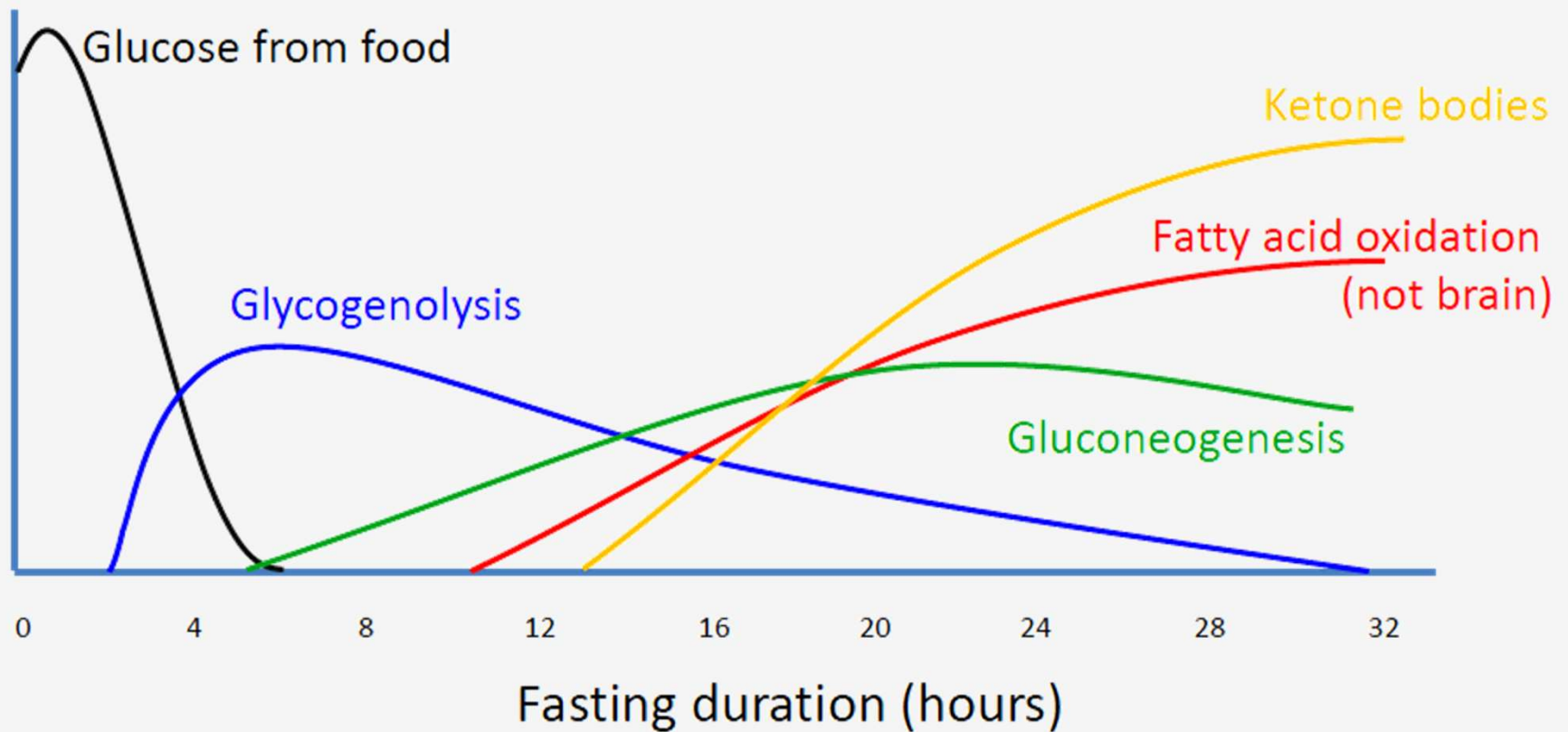
Membrane building blocks

Complex lipids (e.g. TG, CE, Phospholipids, Sphingolipids)

Other:

Intracellular signalling
local hormone regulation
Protein modification

Fuel utilisation during fasting

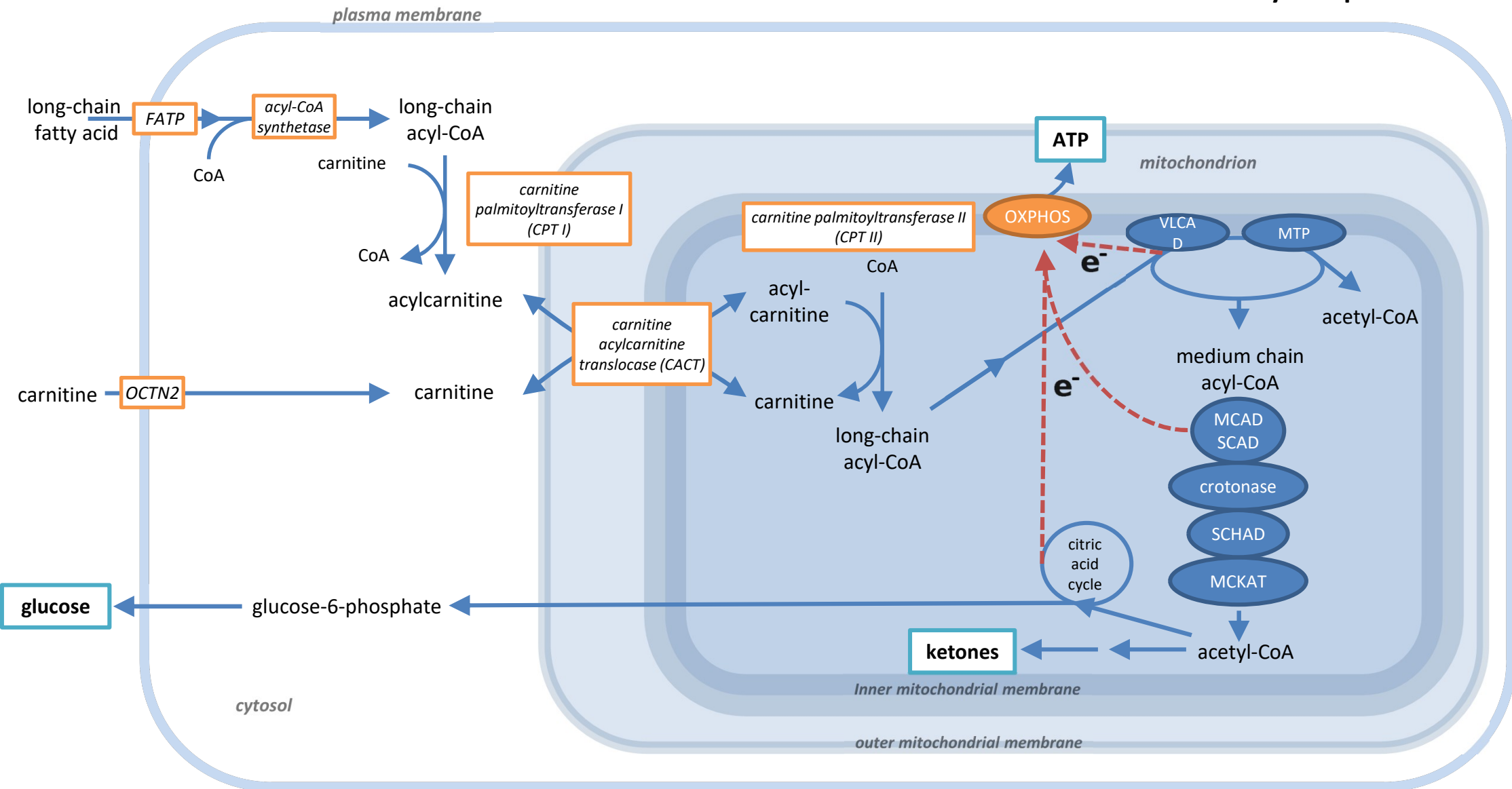


Mitochondrial fatty acid β -oxidation

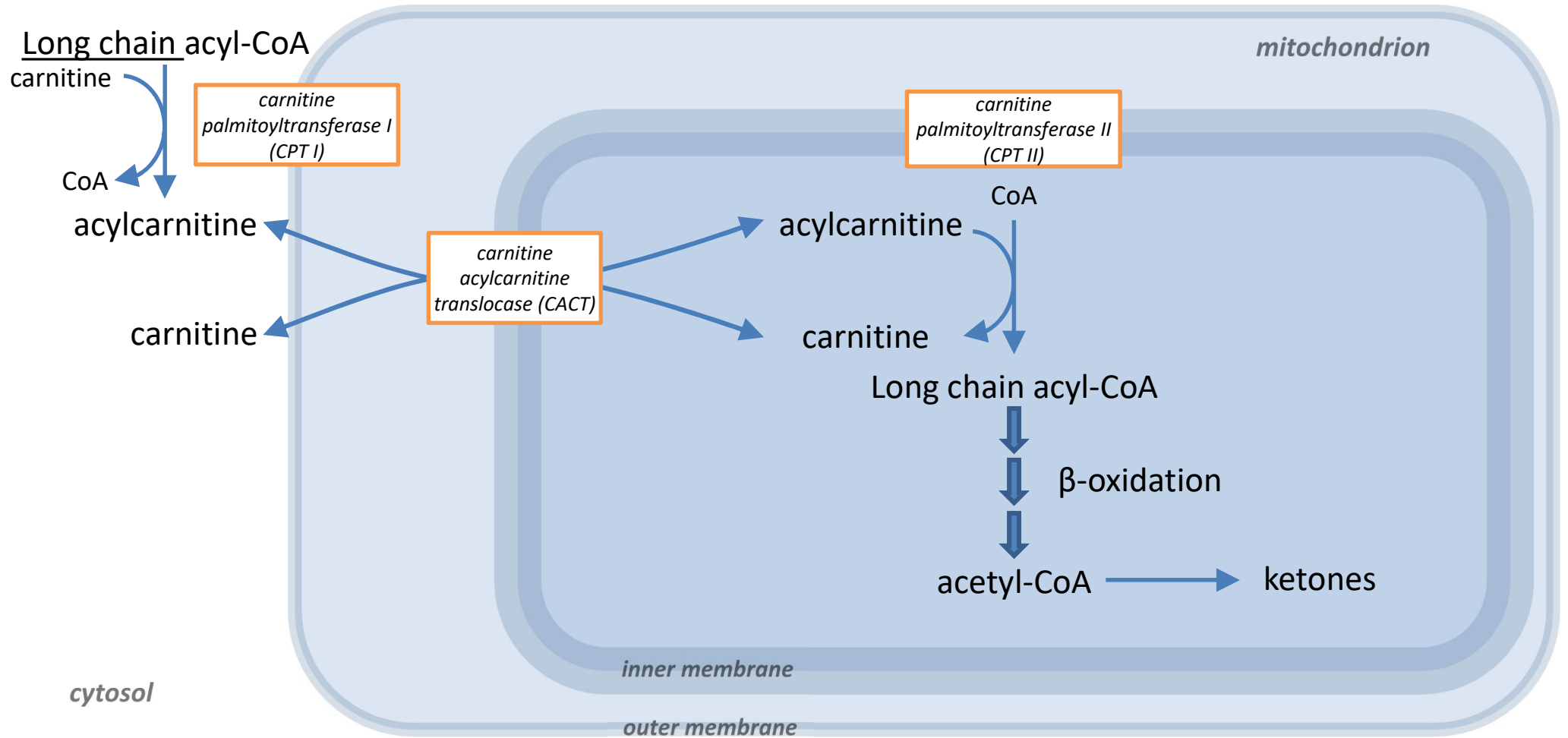


- Carnitine cycle
- Mitochondrial β -oxidation

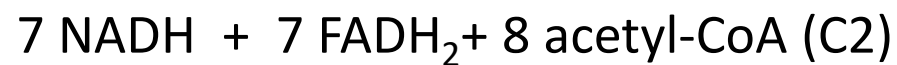
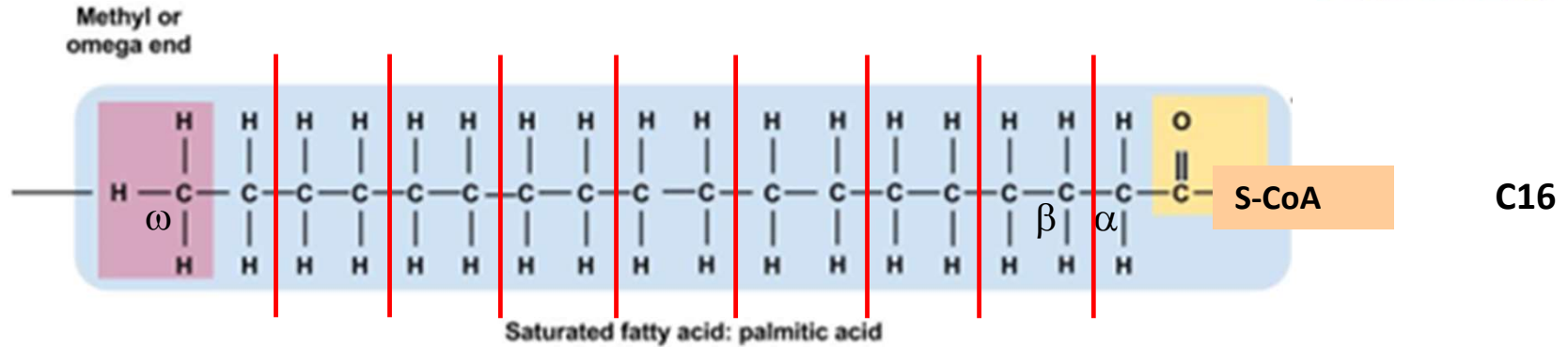
Mitochondrial fatty acid β -oxidation



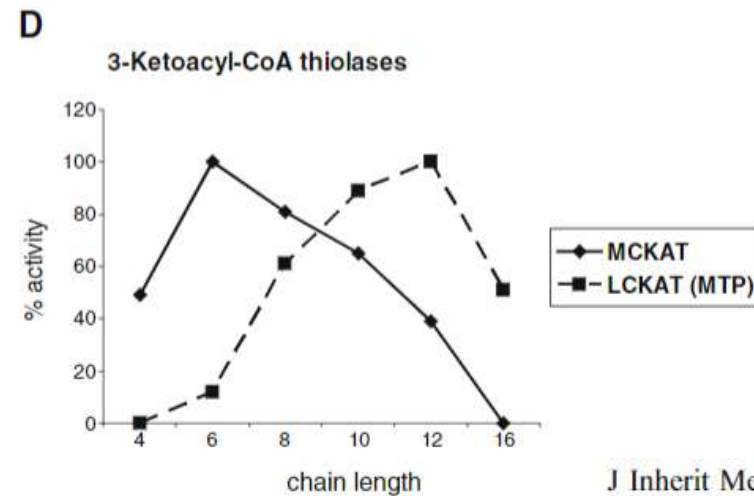
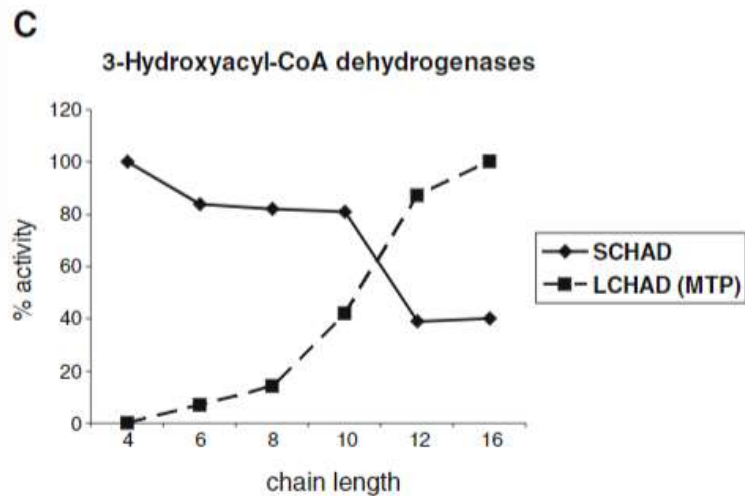
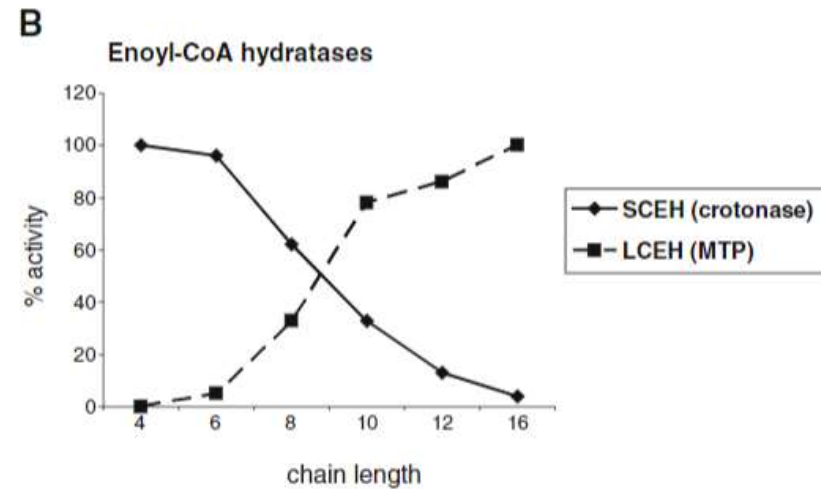
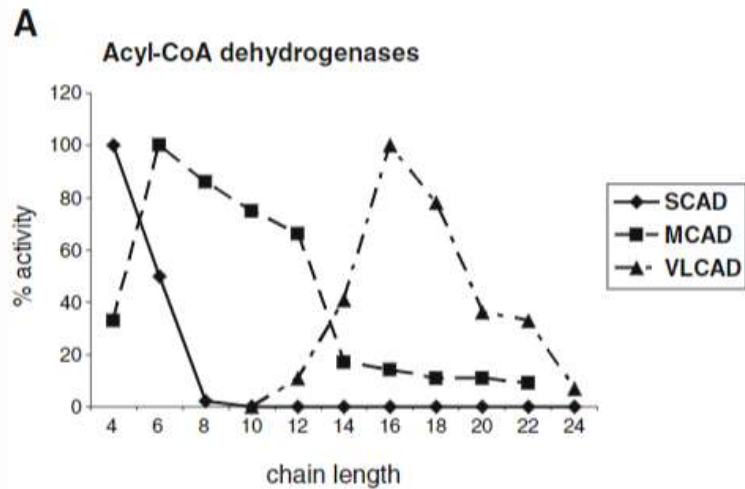
the carnitine shuttle / cycle

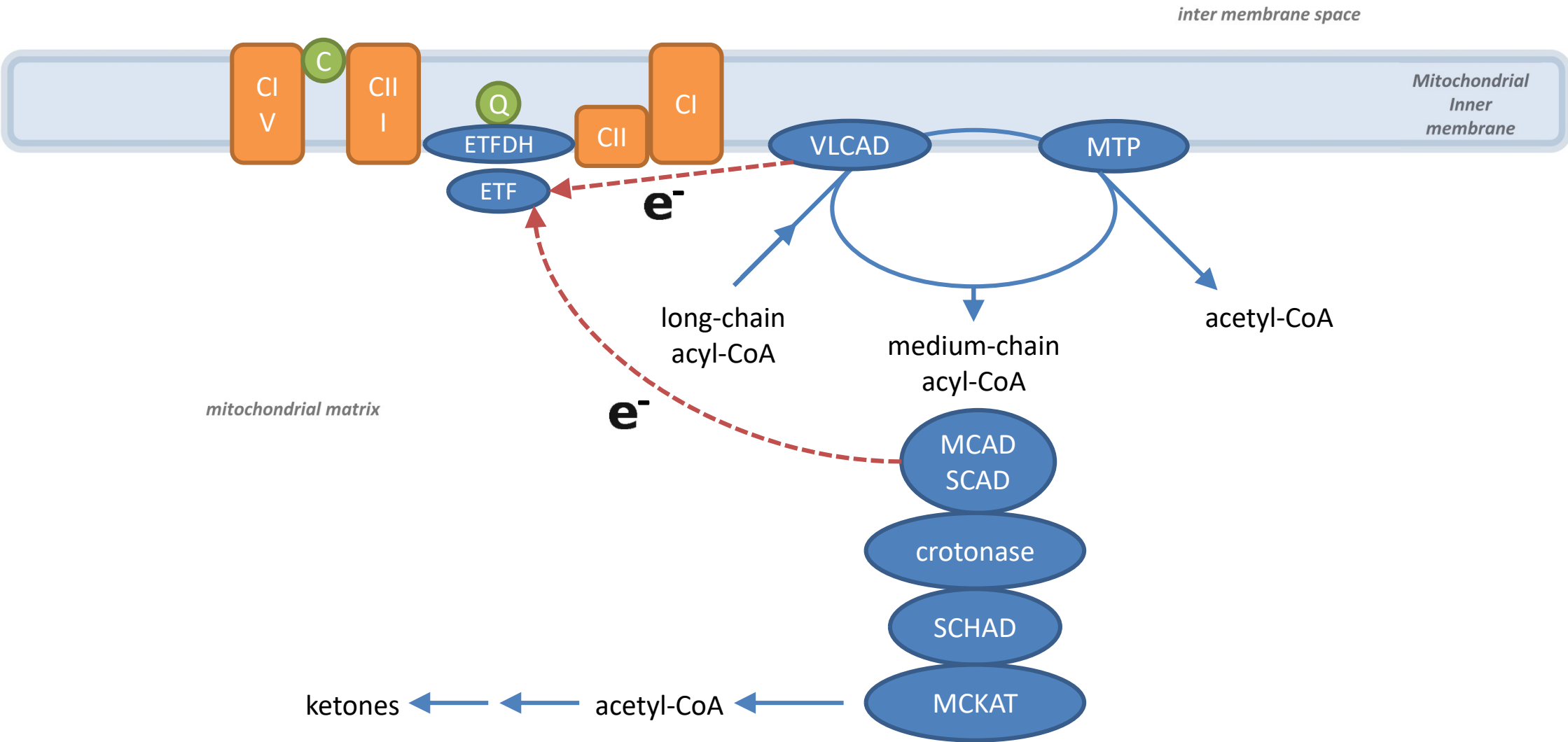


Mitochondrial β -oxidation



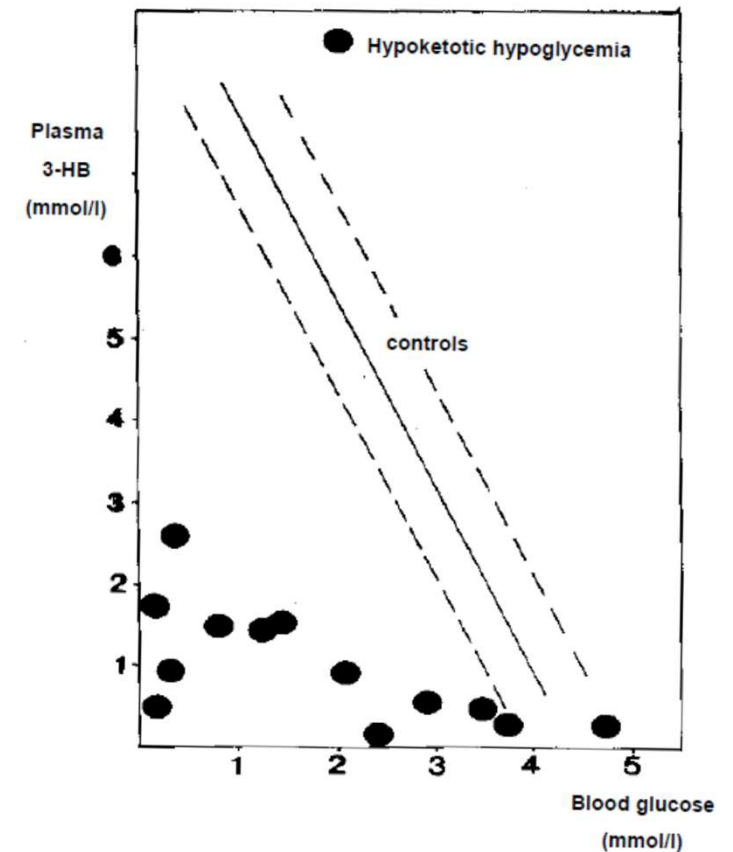
Substrate specificity





Key diagnostic tests / Lab aspects

- Routine clinical chemistry tests
 - Glucose
 - Ketones
 - Free fatty acids
 - Ammonia
 - (Lactate, blood gas)
 - Organ disfunction: CK, AST/ALT
- Metabolite analyses
 - Acylcarnitine profiling
 - Urinary organic acids
- Functional enzyme testing
- Genetics



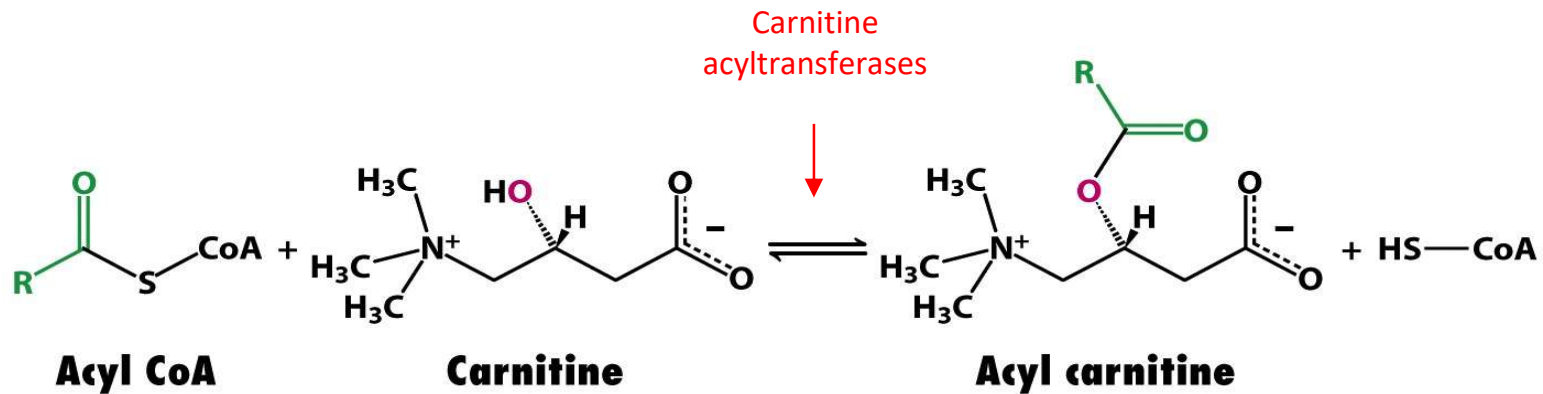
Acylcarnitine profiling using mass spectrometry



- Key in diagnosis of FA oxidation disorders
- Informative in some organic acidurias



Formation of an acylcarnitine



Unnumbered figure pg 623b
Biochemistry, Sixth Edition
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~75% diet (meat)

~25% endogenous synthesis from lysine (liver, brain, kidney)

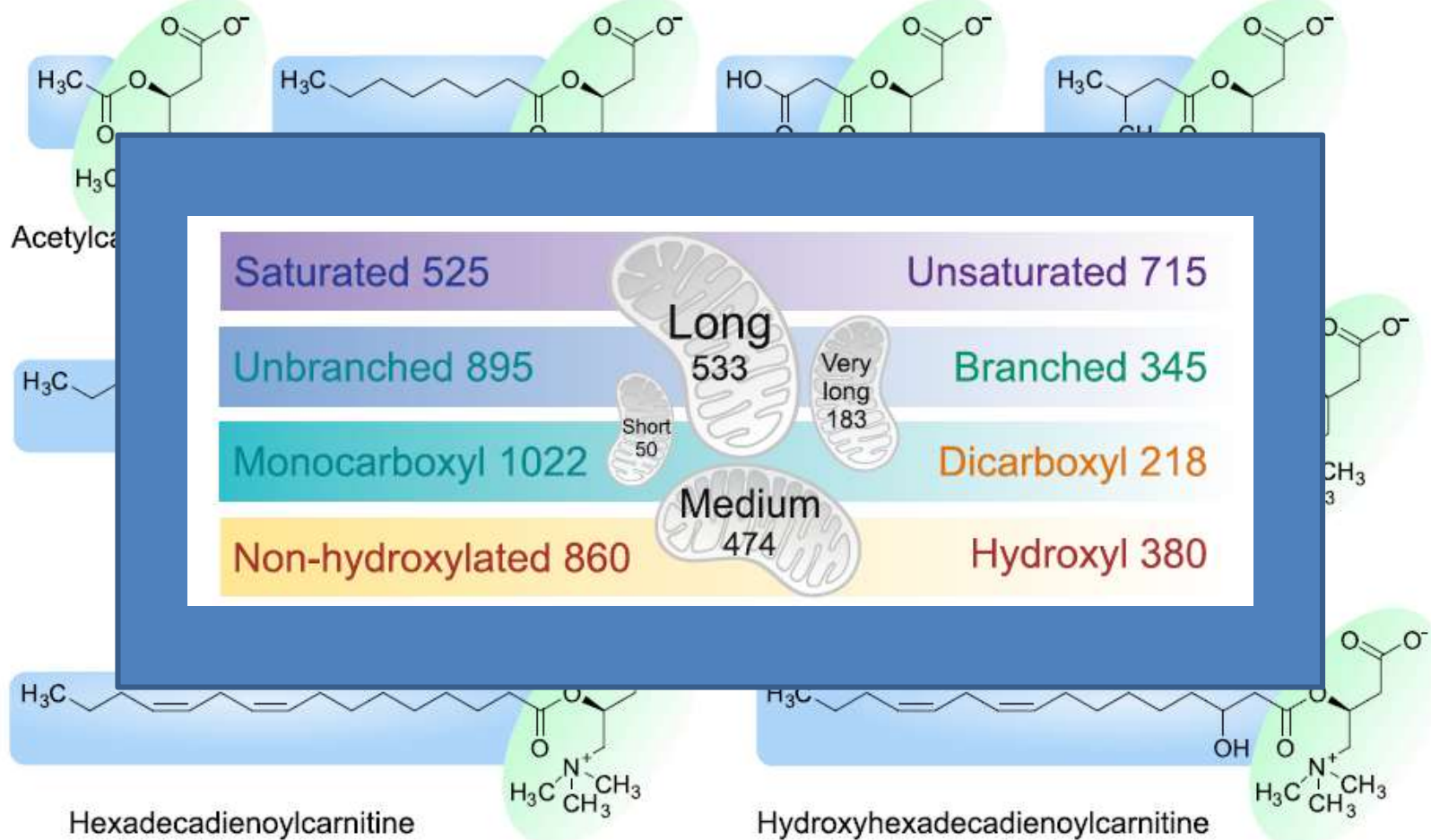
Carnitine modulates the free CoA/acyl-CoA ratio

Short-chain AC

Medium-chain AC

Dicarboxyl AC

Branched-chain AC



Mass spectrometry

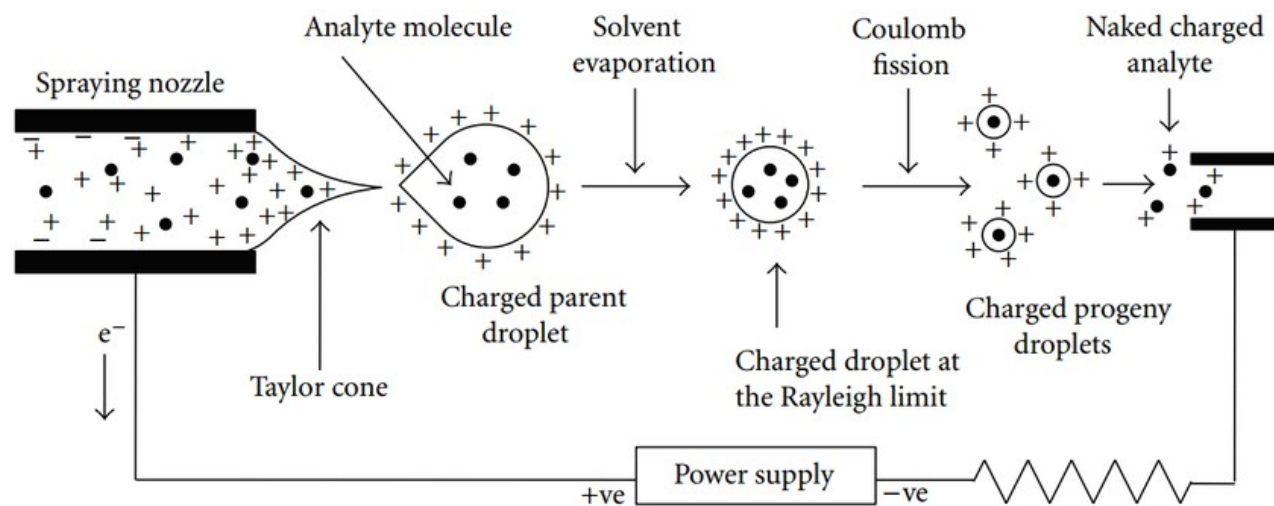


Mass spectrometry

Solvent ionisation, the electrospray ion source



HPLC



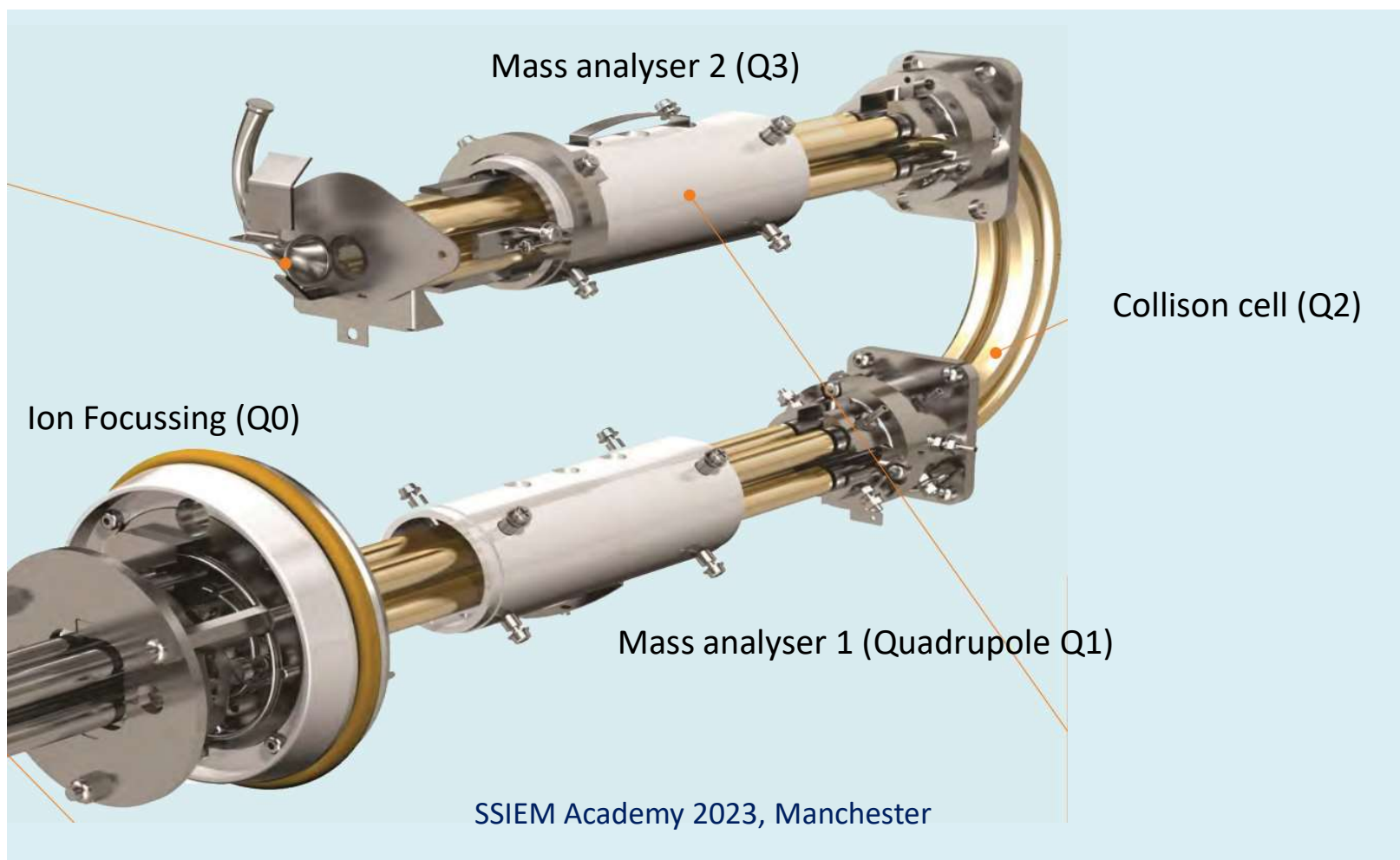
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Mass spectrometer

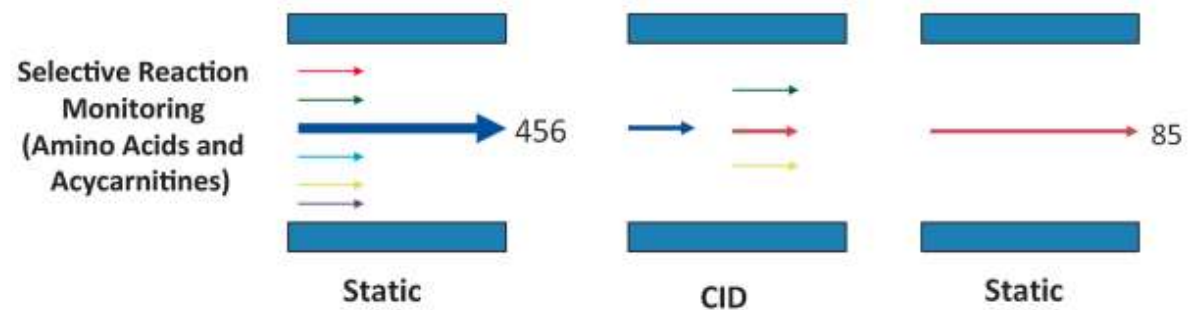
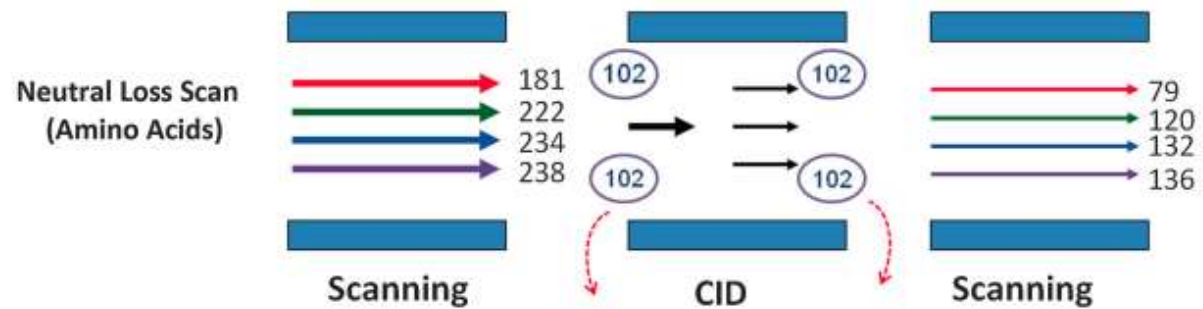
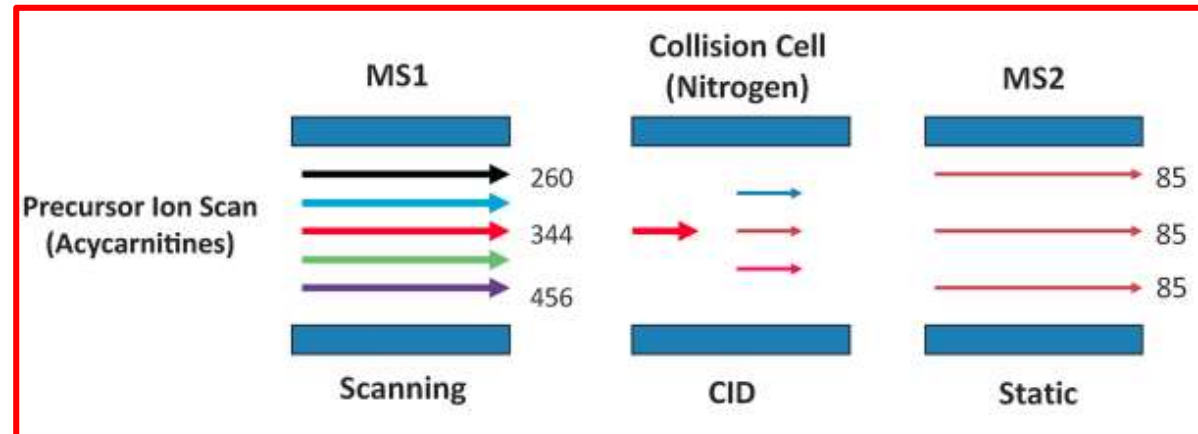
MS

Insite the mass analyser

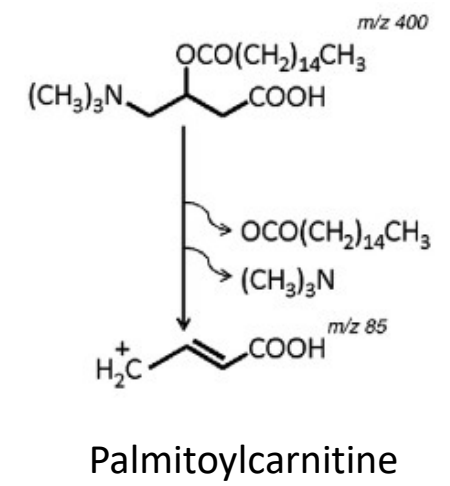
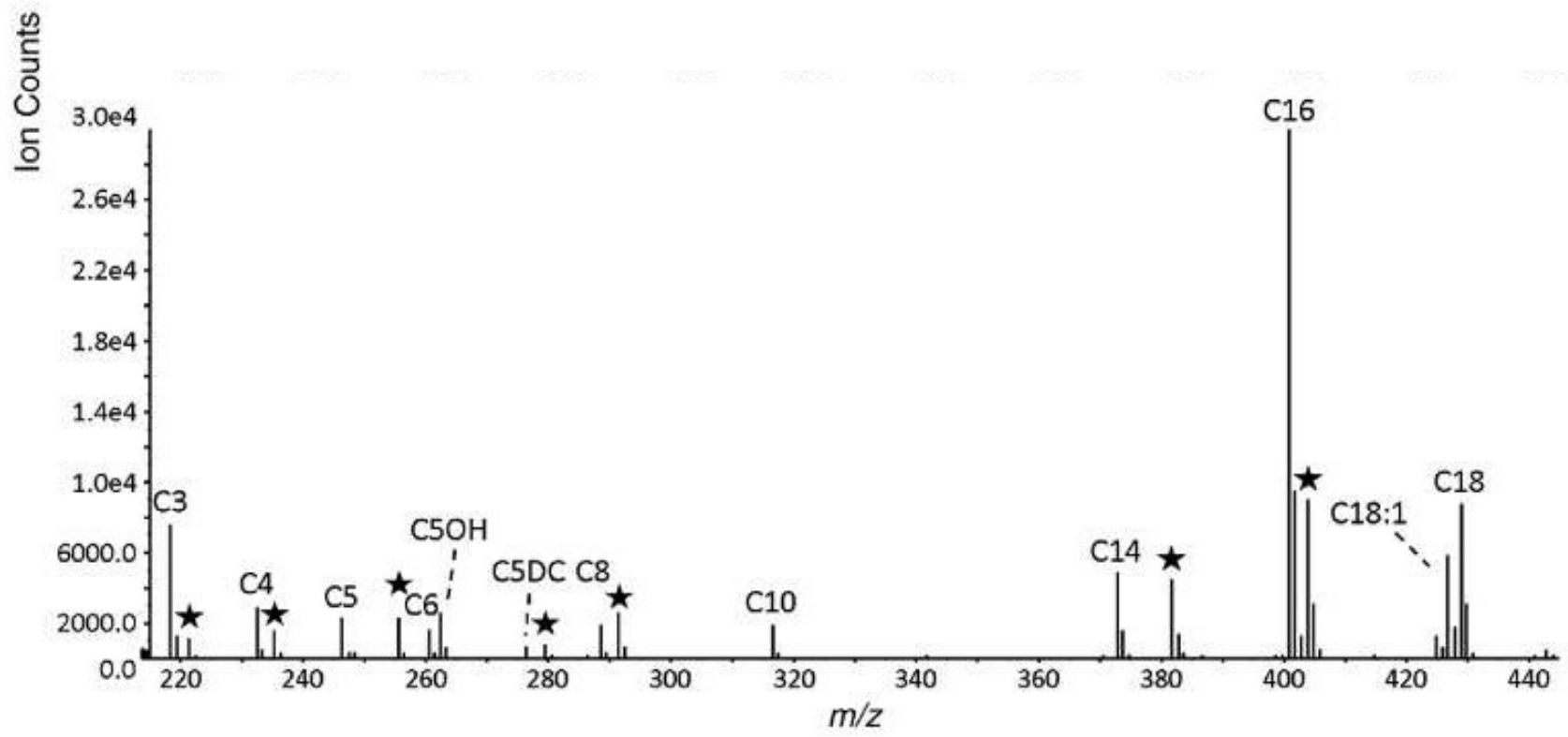
(triple quadrupole or tandem MS)



Operating modes of a tandem MS

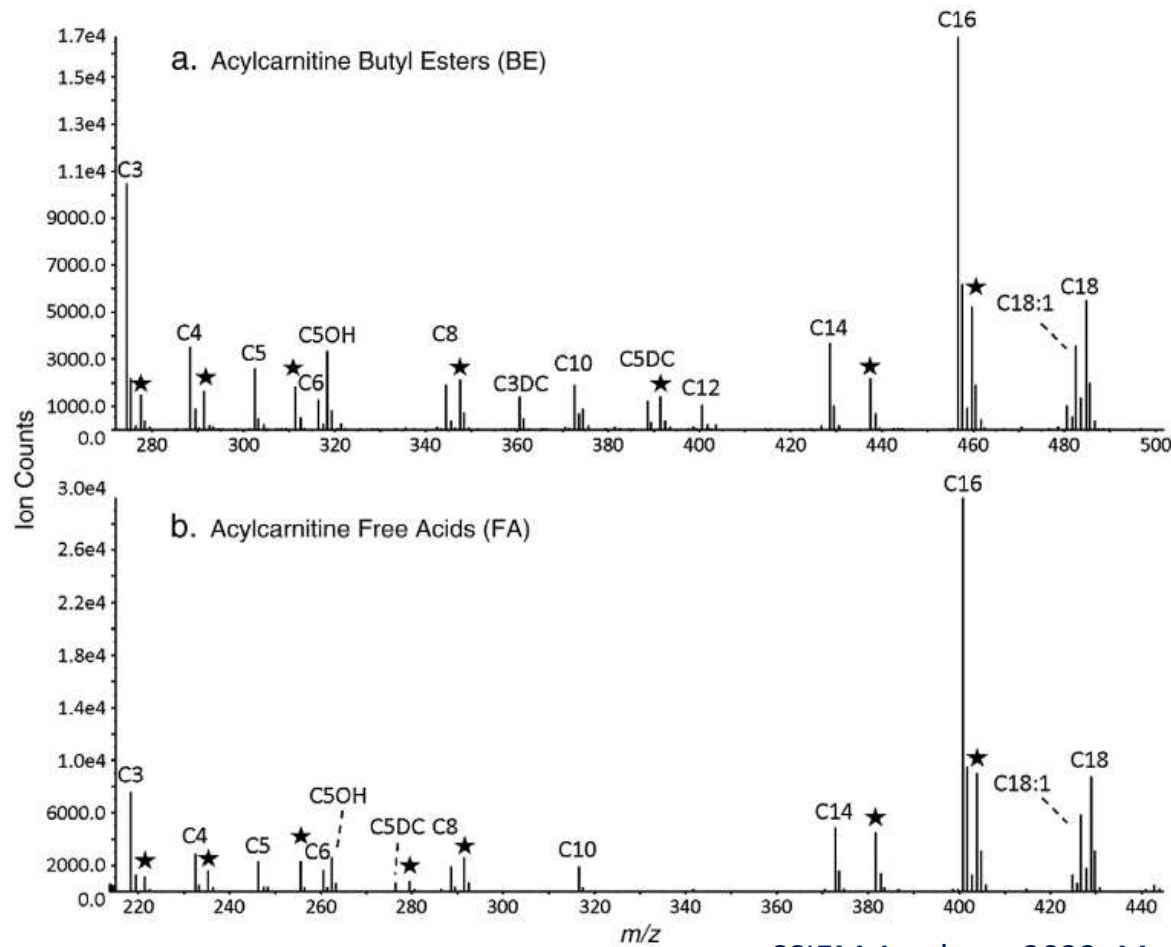


Mass spectrum of acylcarnitines

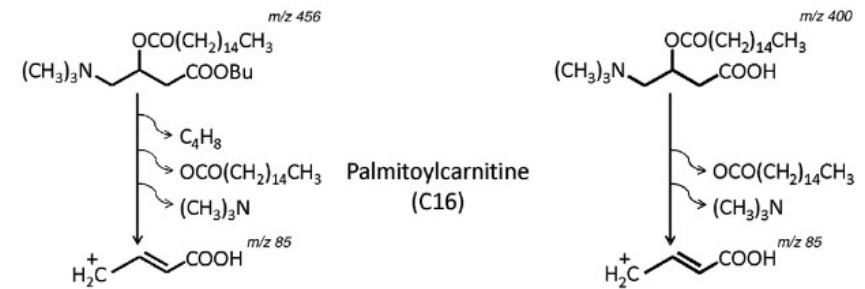


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Underivatised vs butylated acylcarnitines



- Differences between methods <15%, except dicarboxylic acids (!)
- Underivatised: easy, but inadequate separation of isomers (C3DC/C4OH, C4DC/C5OH etc)
- Derivatised: risk of hydrolysis, inadequate separation of isomers (C5DC/C10OH, C4/FIGLU, C16:1OH/cefoxatim etc)



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Fig. 2. Mass spectra of acylcarnitine butyl esters and free acids.

Possible pitfalls



- Flow-injection acylcarnitine interpretation (isomers)
- Low carnitine concentrations
 - check mass spectrum or acylcarnitine ratio's
- Samples collected after adequate treatment of crisis moment
- Interferences
 - C8: valproylcarnitine (-2-propylvaleric acid) or 2-ethylhexanoic acid
 - C5: pivalylcarnitine (=C5) from antibiotica and (nipple) creams
 - Some interferences differ for butylated vs non-butylated methods (!)
 - Hemolysis
- Renal failure (SC/MC dicarboxylic acid carnitines), liver failure (LC dicarboxylic acid carnitines)
- Blood spot \neq plasma \neq urine

Blood spot vs plasma

→ DBS >3 * plasma

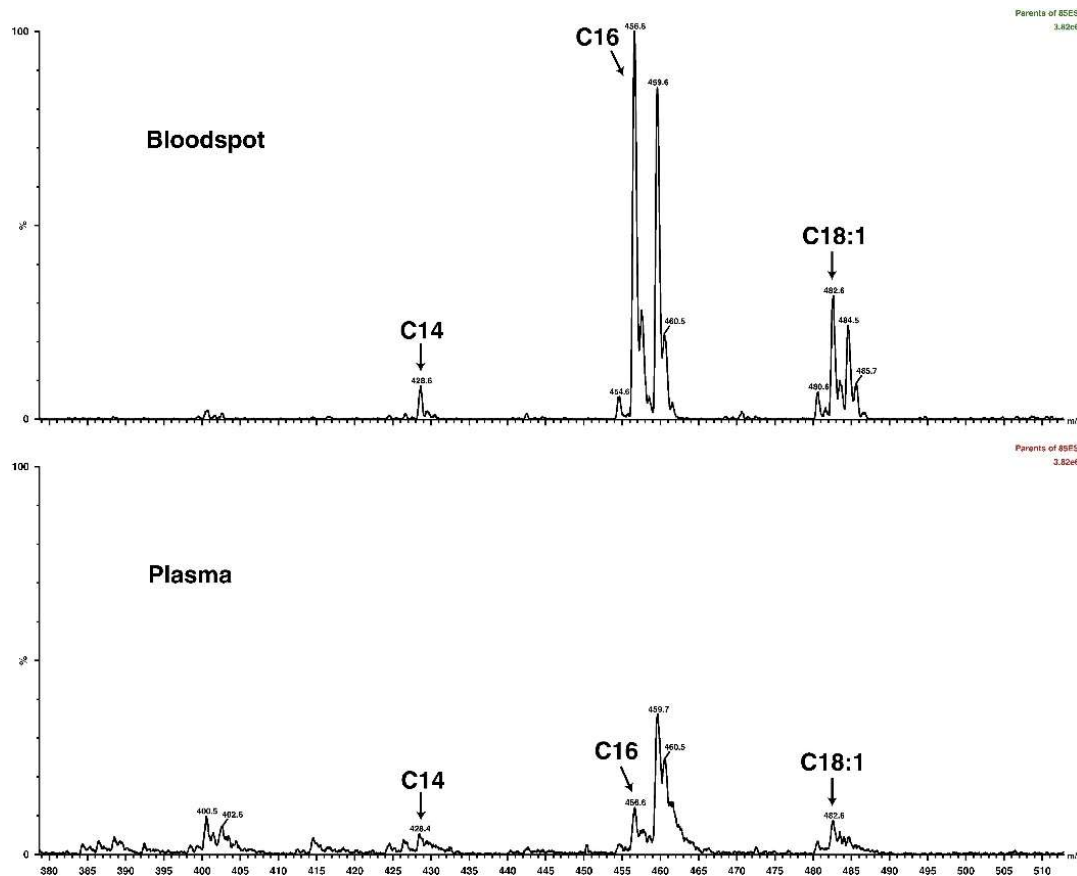


Table 1

Comparison of total carnitine, free carnitine and acylcarnitines in plasma and corresponding DBS from controls.

	Plasma (n = 54)	DBS (n = 54)	P (paired t-test)
Total carnitine	33.3 ± 16.0	31.4 ± 12.3	0.11
Free carnitine	26.8 ± 14.0	19.2 ± 8.5	<0.0001
Acyl carnitine (AC)	6.5 ± 3.7	12.1 ± 5.1	<0.0001
C2-carnitine	4.4 ± 3.1	7.2 ± 3.3	<0.0001
C3-carnitine	0.31 ± 0.21	0.86 ± 0.53	<0.0001
C4-carnitine	0.16 ± 0.09	0.16 ± 0.11	0.34
C5:1-carnitine	0.01 ± 0.01	0.02 ± 0.02	0.002
C5-carnitine	0.14 ± 0.10	0.12 ± 0.07	0.04
C4:3-OH-carnitine	0.03 ± 0.04	0.07 ± 0.06	<0.0001
C6-carnitine	0.04 ± 0.02	0.03 ± 0.02	0.0001
→ C5-OH-carnitine	0.03 ± 0.03	0.16 ± 0.19	<0.0001
C8:1-carnitine	0.17 ± 0.11	0.07 ± 0.05	<0.0001
C8 carnitine	0.07 ± 0.04	0.04 ± 0.03	<0.0001
C3-DC-carnitine	0.02 ± 0.01	0.01 ± 0.01	<0.0001
C10:2-carnitine	0.06 ± 0.04	0.01 ± 0.01	<0.0001
C10:1-carnitine	0.10 ± 0.06	0.04 ± 0.03	<0.0001
C10-carnitine	0.06 ± 0.08	0.06 ± 0.04	0.37
→ C4-DC-carnitine	0.04 ± 0.02	0.28 ± 0.17	<0.0001
C5-DC-carnitine	0.03 ± 0.01	0.02 ± 0.02	<0.0001
12:1-carnitine	0.04 ± 0.03	0.02 ± 0.02	<0.0001
12-carnitine	0.06 ± 0.03	0.04 ± 0.02	<0.0001
C6-DC-carnitine	0.05 ± 0.03	0.02 ± 0.02	<0.0001
C14:2-carnitine	0.03 ± 0.02	0.03 ± 0.01	0.13
C14:1-carnitine	0.04 ± 0.03	0.03 ± 0.02	0.002
C14-carnitine	0.04 ± 0.02	0.08 ± 0.04	<0.0001
C8-DC-carnitine	0.01 ± 0.01	0.01 ± 0.01	0.38
C14-OH-carnitine	0.01 ± 0.01	0.02 ± 0.01	<0.0001
→ C16:1-carnitine	0.03 ± 0.02	0.06 ± 0.04	<0.0001
→ C16-carnitine	0.11 ± 0.06	0.93 ± 0.58	<0.0001
C10-DC-carnitine	0.01 ± 0.01	0.05 ± 0.02	<0.0001
C16:1-OH-carnitine	0.01 ± 0.01	0.03 ± 0.02	<0.0001
C16-OH-carnitine	0.01 ± 0.01	0.02 ± 0.02	0.008
→ C18:2-carnitine	0.06 ± 0.05	0.25 ± 0.21	<0.0001
→ C18:1-carnitine	0.15 ± 0.09	0.83 ± 0.49	<0.0001
→ C18-carnitine	0.04 ± 0.02	0.46 ± 0.24	<0.0001
C18:2-OH-carnitine	0.0 ± 0.01	0.01 ± 0.01	0.001
C18:1-OH-carnitine	0.01 ± 0.01	0.02 ± 0.01	0.007
C18-OH-carnitine	0.01 ± 0.01	0.02 ± 0.01	0.36
C16-DC-carnitine	0.01 ± 0.01	0.02 ± 0.01	0.27
C18:1-DC-carnitine	0.01 ± 0.01	0.02 ± 0.01	0.27

Mean values ± standard deviation of the concentrations (in μmol/L); AC sum of the measured individual acylcarnitines; total carnitine: sum of free carnitine plus AC. DC: dicarboxylic acid.

Blood spot vs plasma

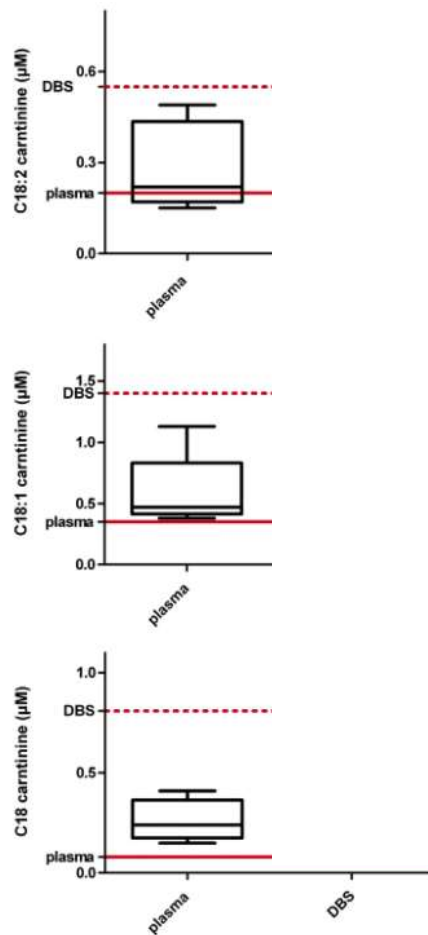


Fig. 3. Box-plots for C18:2-carnitine, C18:1-carnitine and C18-carnitine in plasma and DBS in four patients diagnosed with CPT-2 deficiency. Straight line represents 95th percentile of (age related) controls in plasma. Dotted line represents 95th percentile of (age related) controls in DBS.

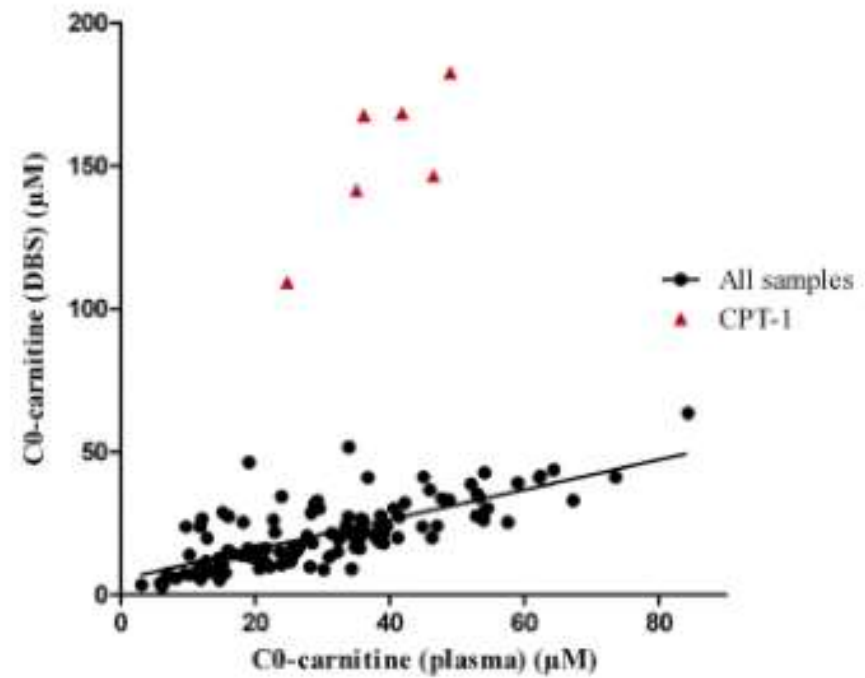
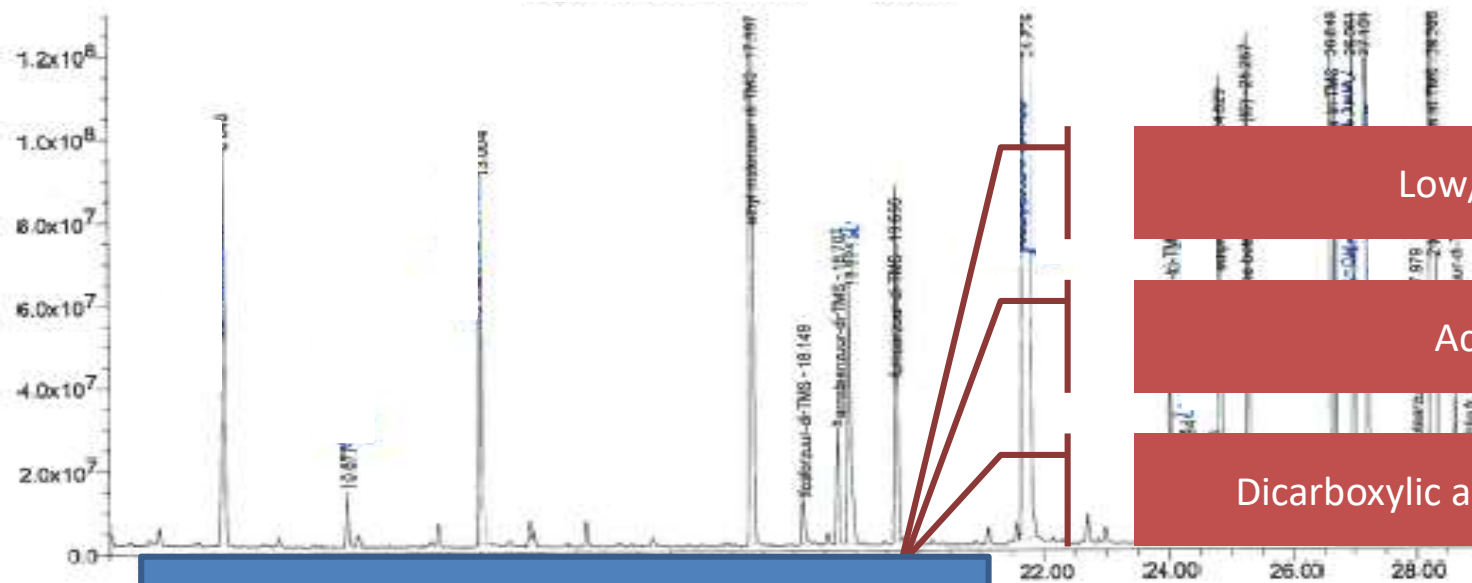


Fig. 2. Correlation between free carnitine in DBS specimen and their corresponding plasma sample ($n = 125$). \blacktriangle represents free carnitine concentration in patients with proven CPT-1 deficiency. \bullet represents free carnitine concentration in all samples.

American College of Medical Genetics

Laboratory diagnosis of acylcarnitines, 2020 update

Class	Acylcarnitine	1: CUD*	2: CPT1A	3: PA	4: MMA	5: SUCLA	6: SCAD	7: EE	8: IBD	9: IVA	10: SBCAD	11: HADH	12: HIBCH	13: 3MCC	14: HMG	15: BIO	16: 3MG	17: BKT	18: MHBD	19: MCT	20: MCAD	21: Malonic aciduria	22: GA1	23: NADK2	24: VLCAD	25: Ketosis**	26: CPTII/CACT	27: LCHAD/TFP	28: MAD	
C0***	Free carnitine	L	H																											
C2****	Acetyl	L																									H			
C3	Propionyl			H	H	H																								
C4	Butyryl						H	H?																				H		
	Isobutyryl								H																			H		
C5:1	Tiglyl																			H	H									
	3-Methylcrotonyl													H																
C5	Isovaleryl							H?		H																		H?		
	2-Methylbutyryl									H																				
C6	Hexanoyl																				H	H						H		
C8:1	Octenoyl																													
C8	Octanoyl																				H	H						H		
C10:2	Decadienoyl																								H					
C10:1	Decenoyl																				H	H								
C10	Decanoyl																				H	V						H		
C12:1	Dodecenoyl																										H			
C12	Dodecanoyl																									H	H	H		
C14:2	Tetradecadienoyl																								H	H	H	H		
C14:1	Tetradecenoyl																							H	H	H	H	H		
C14	Tetradecanoyl																							H	H	H	H	H		
C16:1	Hexadecenoyl	L																						H	H	H	H	H		
C16	Hexadecanoyl	L																						H	H	H	H	H		
C18:2	Octadecadienoyl	L																						H	H	H	H	H		
C18:1	Octadecenoyl	L																						H	H	H	H	H		
C18	Octadecanoyl	L																						H	H	H	H	H		
C3-DC	Malonyl																											H		
C4-DC	Methylmalonyl				V																									
	Succinyl					H																								
C5-DC	Glutaryl																										H			
C6-DC	3-Methylglutaryl																													
C4-OH	3-Hydroxybutyryl												H														H			
	3-Hydroxyisobutyryl												H																	
C5-OH	3-Hydroxyisovaleryl													H	H	H	H													
	3-Hydroxy-2-methylbutyryl																				H	H								
C14-OH	Hydroxytetradecanoyl																											H		
C16-OH	3-Hydroxyhexadecanoyl																											H		
C18-OH	3-Hydroxyoctadecanoyl																											H		
ratio	C3 / C2			H	H	H											H													
ratio	C8 / C10																										H			
ratio	C14:1 / C12:1																									H	V	V	V	
ratio	C0 / (C16+C18)		H																									L		
ratio	(C16+C18:1) / C2																										V	H	V	V

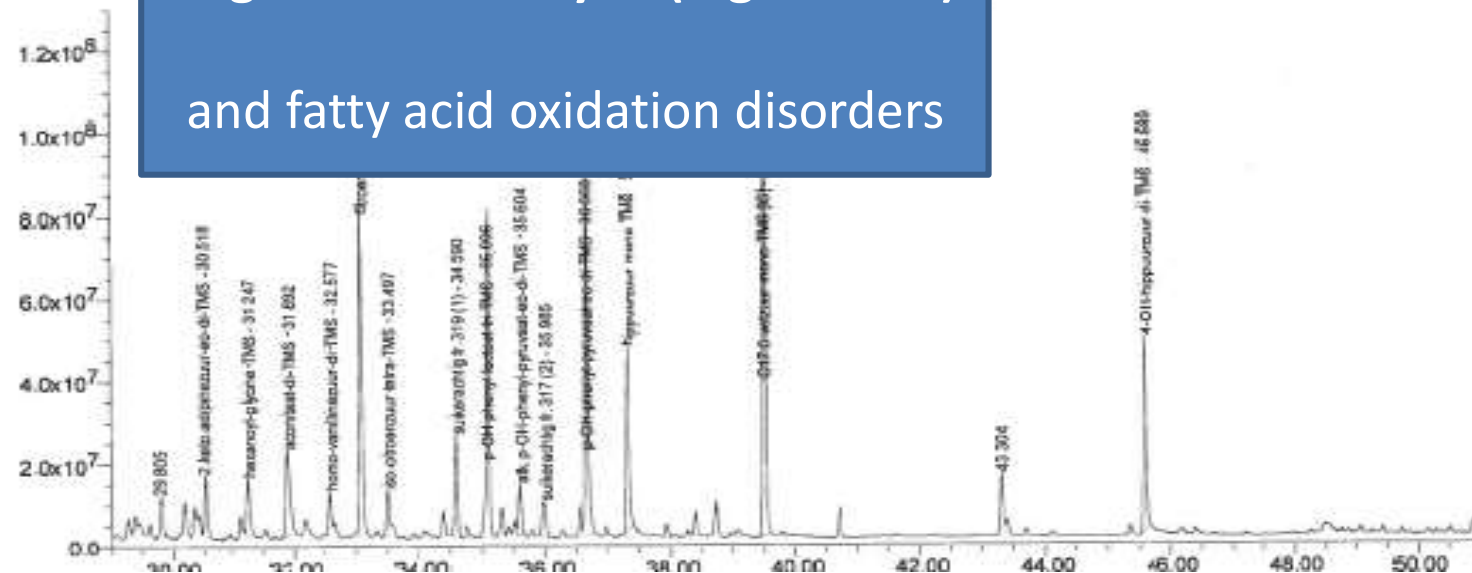


Low/No ketones

Acylglycines

Dicarboxylic acids from ω -oxidation

Organic acid analysis (e.g. GC-MS)
and fatty acid oxidation disorders



FAOX enzymology and genetics



- Single enzyme activity assays (lymfocytes/leukocytes or skin fibroblasts)
- Overall β -oxidation flux studies (lymfocytes/leukocytes or skin fibroblasts)
 - Fast in blood cells!
 - Low false-positives and false-negatives
- Genetics nowadays often first-line confirmation tests
 - Be aware of variance of unknown significance (VUS) and false-negatives
 - Fibroblast studies better predict functional consequences of mutations and patient outcomes

Pathophysiology



Energy deficit

- Fasting-induced
 - OXPHOS defect
 - Lack of e⁻ to Respiratory chain
 - Hypoketosis
 - Hypoglycaemia
-
- Affecting liver, heart, muscle, brain

Fatty acid accumulation

- Toxic intermediates affecting liver, heart

Pathophysiology

- **Hepatic/Encephalopathic**

- Fasting hypoglycaemia
- Hypoketotic
- Hyperammonaemia
- Hepatitis/hepatomegaly

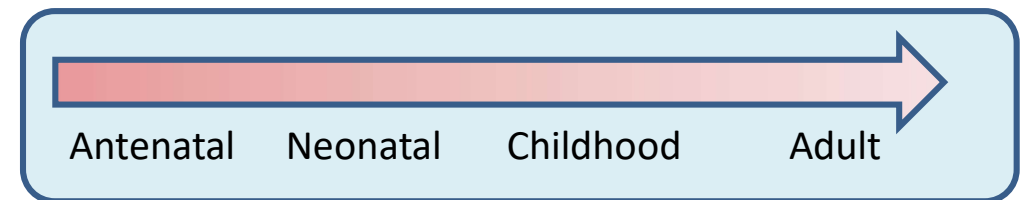
- **Skeletal Muscle**

- Exercise induced myalgia
- Acute rhabdomyolysis

- **Cardiac**

- Cardiomyopathy
- Heart failure
- Arrhythmia

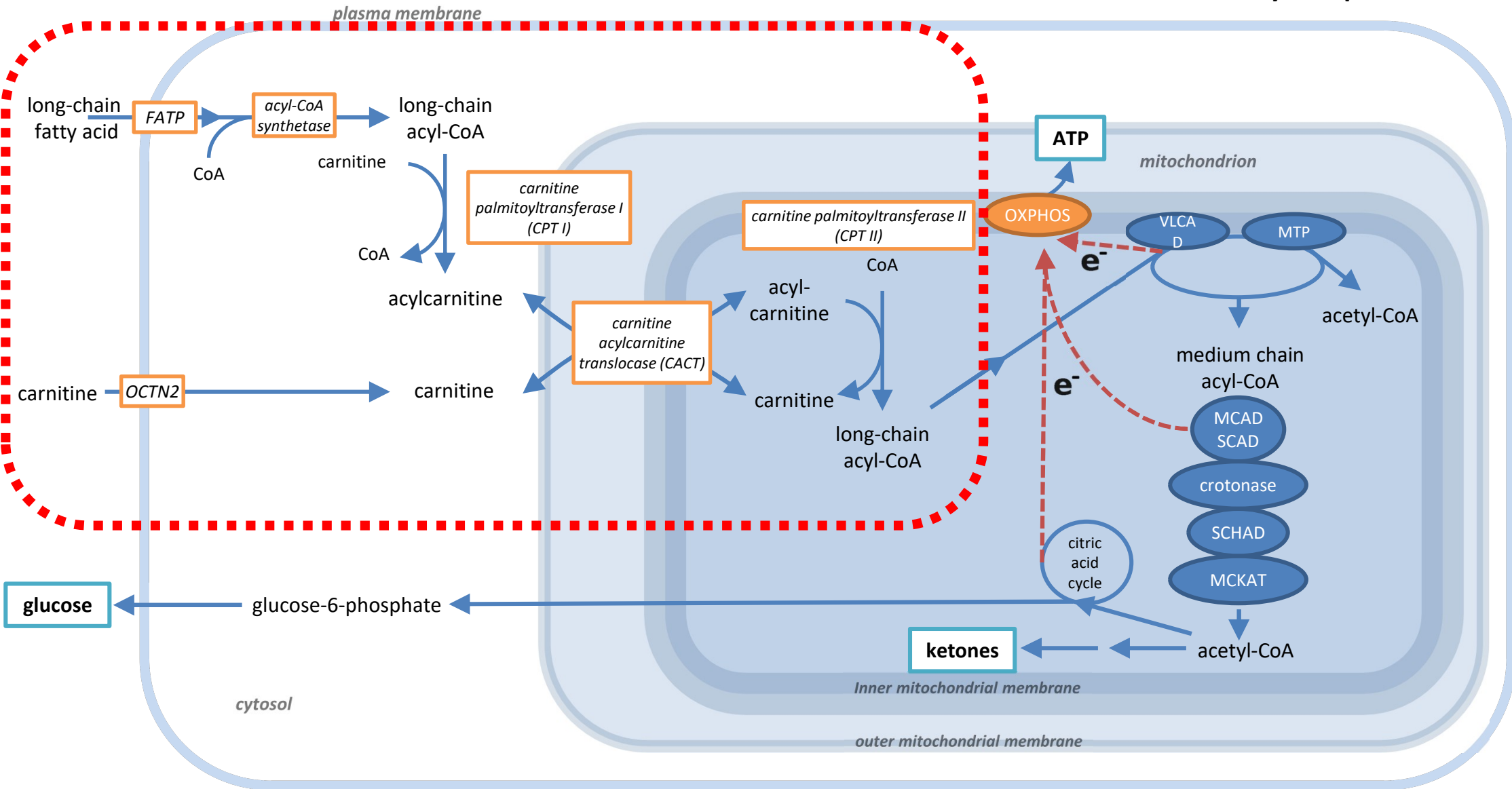
- **Congenital Defects**



Carnitine Cycle



Mitochondrial fatty acid β -oxidation

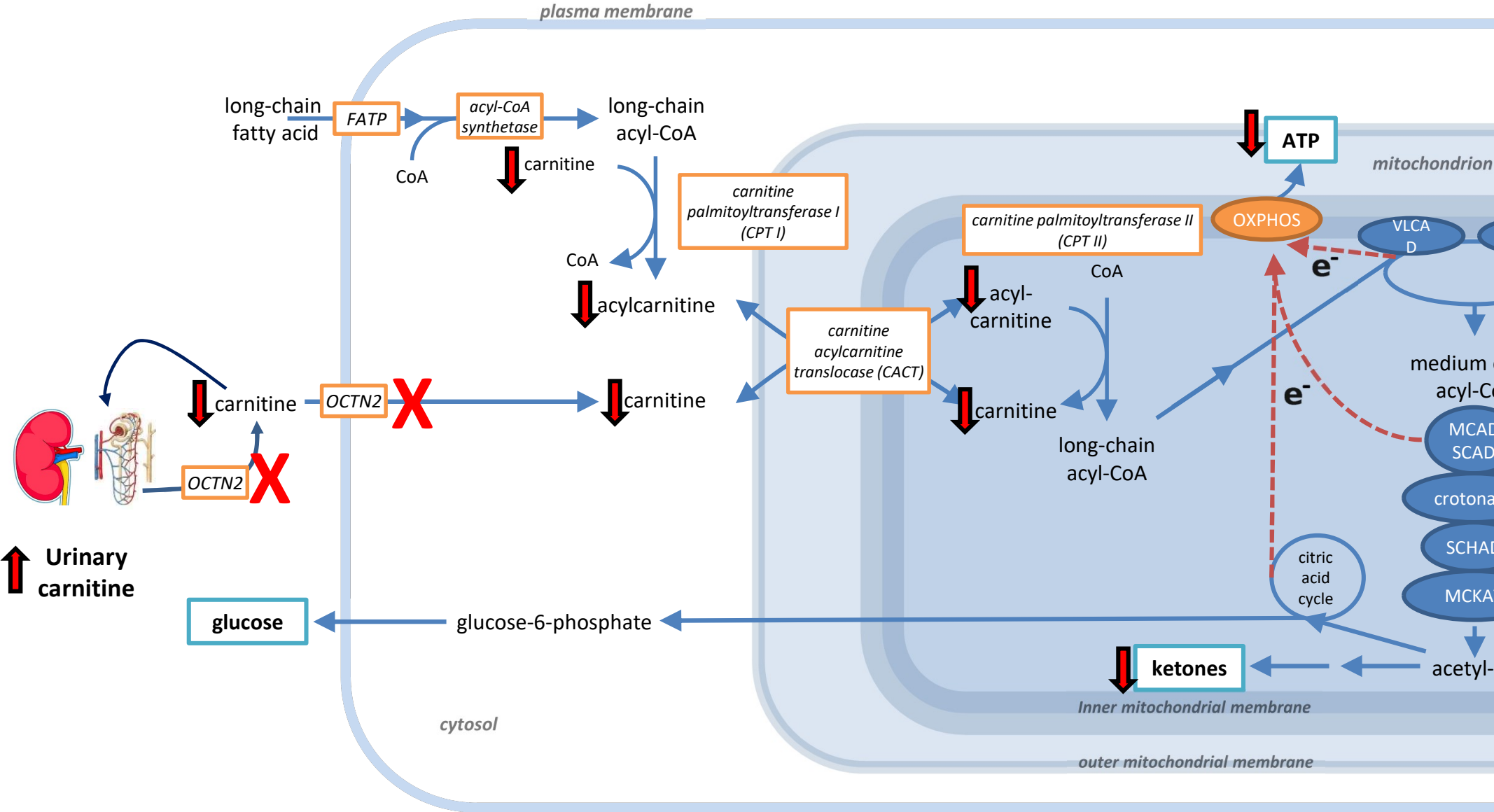


Carnitine Transporter Defect



- SLC22A5/ OCTN2
 - High-affinity carnitine transporter
 - Cellular carnitine uptake
 - Renal tubular reabsorption of filtered carnitine

Mitochondrial fatty acid β -oxidation



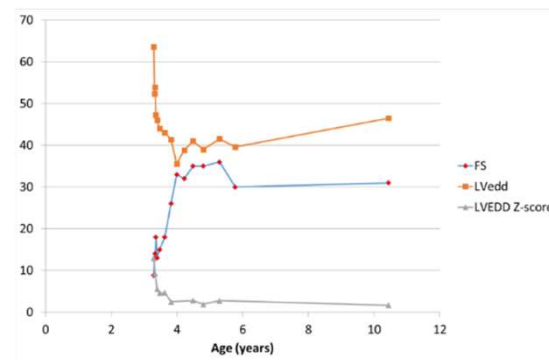
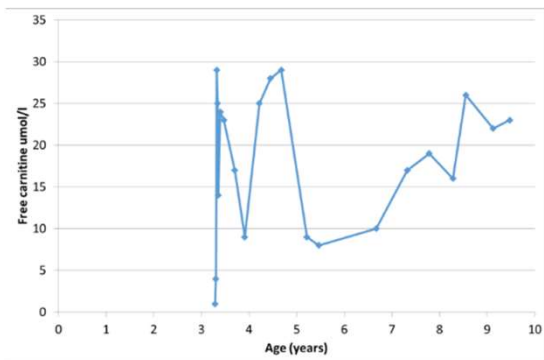
Carnitine Transporter Defect



- **Renal wasting of carnitine**
 - Increased fractional excretion of carnitine
 - Low free plasma carnitine
- **Skeletal & cardiac muscle:** impaired fatty acid oxidation
 - Cardiomyopathy, ventricular arrhythmia
 - Myopathy
- Impaired **hepatic uptake and ketogenesis**
 - Hypoketotic hypoglycaemia
 - Hyperammonaemia

3year old female

- Progressive dyspnoea
 - Noted to have cardiomegaly on chest radiograph
 - Echocardiogram: severe dilated cardiomyopathy
 - Heart failure drugs commenced
- Mildly raised ammonia (159 $\mu\text{mol/L}$)
- Low free carnitine + raised urinary carnitine excretion
- SLC22A5* c.824G>A, p.Trp275* homozygous
- Treatment: Oral Carnitine 100mg/kg/day
- Gradual resolution of cardiomyopathy



Bloodspot acylcarnitine	$\mu\text{mol/L}$	Ref
Free carnitine C0	1	17-55
Acetyl carnitine C2	3.4	10-27.8
Propionyl carnitine C3	0.09	0.27-1.84
Octanoyl carnitine C8	0.06	0-0.18
Palmitoyl carnitine	0.2	0.4-1.7

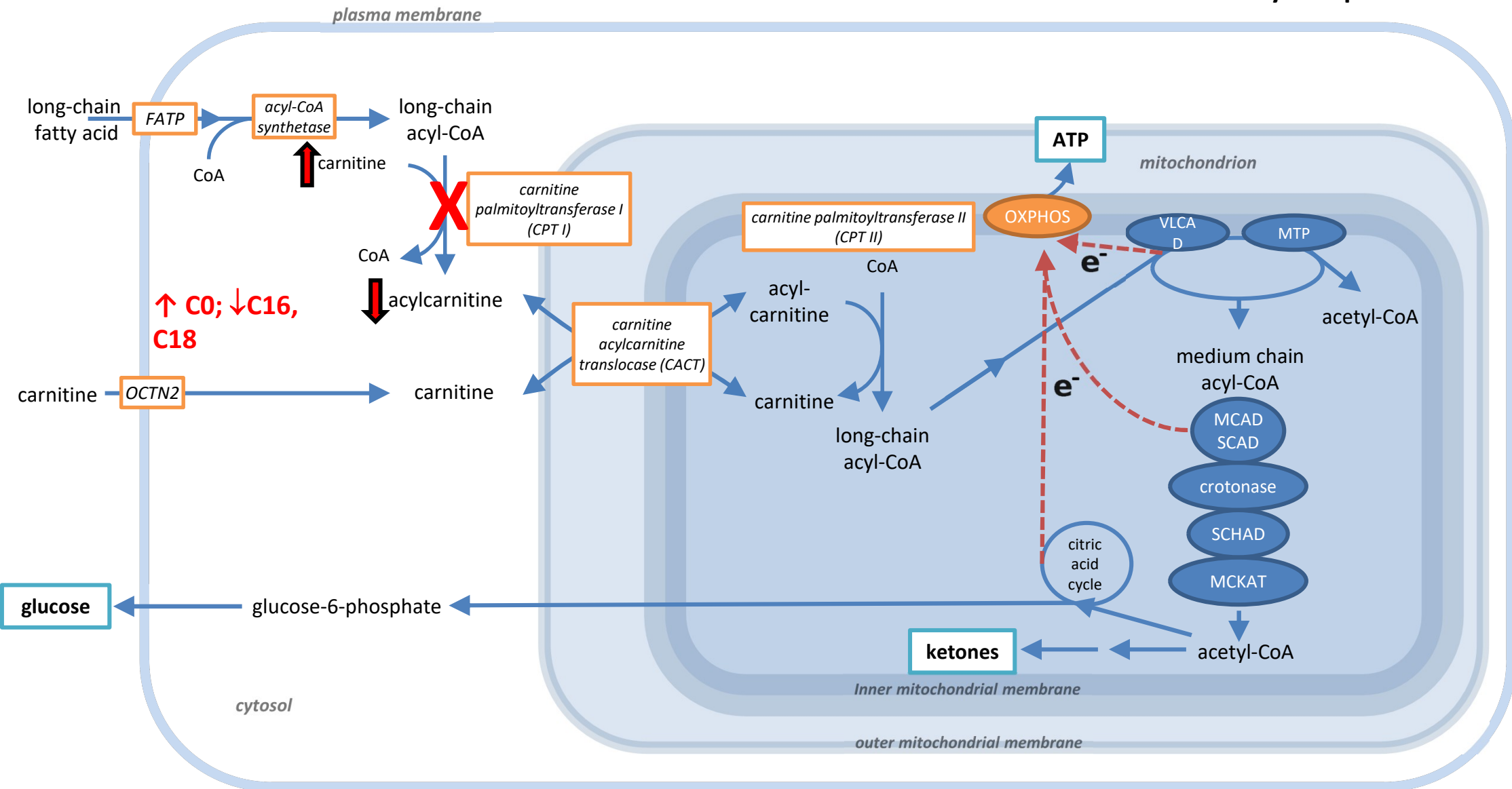
Urine acylcarnitine	
Creatinine	6.4 mmol/L
Free carnitine	197 $\mu\text{mol/L}$
Free carnitine excretion	31 $\mu\text{mol/mmol creat}$

3, M

CPT1 deficiency



Mitochondrial fatty acid β -oxidation



CPT1 deficiency



Isoforms

- CPT1A: Liver-kidney
- CPT1B: muscle-heart
 - No reported phenotype
- CPT1C: neuronal/brain
 - ?Spastic paraplegia type 73 (AD)

Clinical phenotype

- Illness- or fasting-induced Hypoketotic hypoglycaemia
- Hepatomegaly/hepatitis
- Hypertriglyceridaemia /renal tubular acidosis

Diagnostics

- Acylcarnitine (DBS better than Plasma)
 - $\uparrow C0$; $\downarrow C16, 18$
 - $\uparrow C0 / (C16+C18)$
- Urine organic acids: non specific (usually no dicarboxylic aciduria)
- *CPT1A* molecular genetics

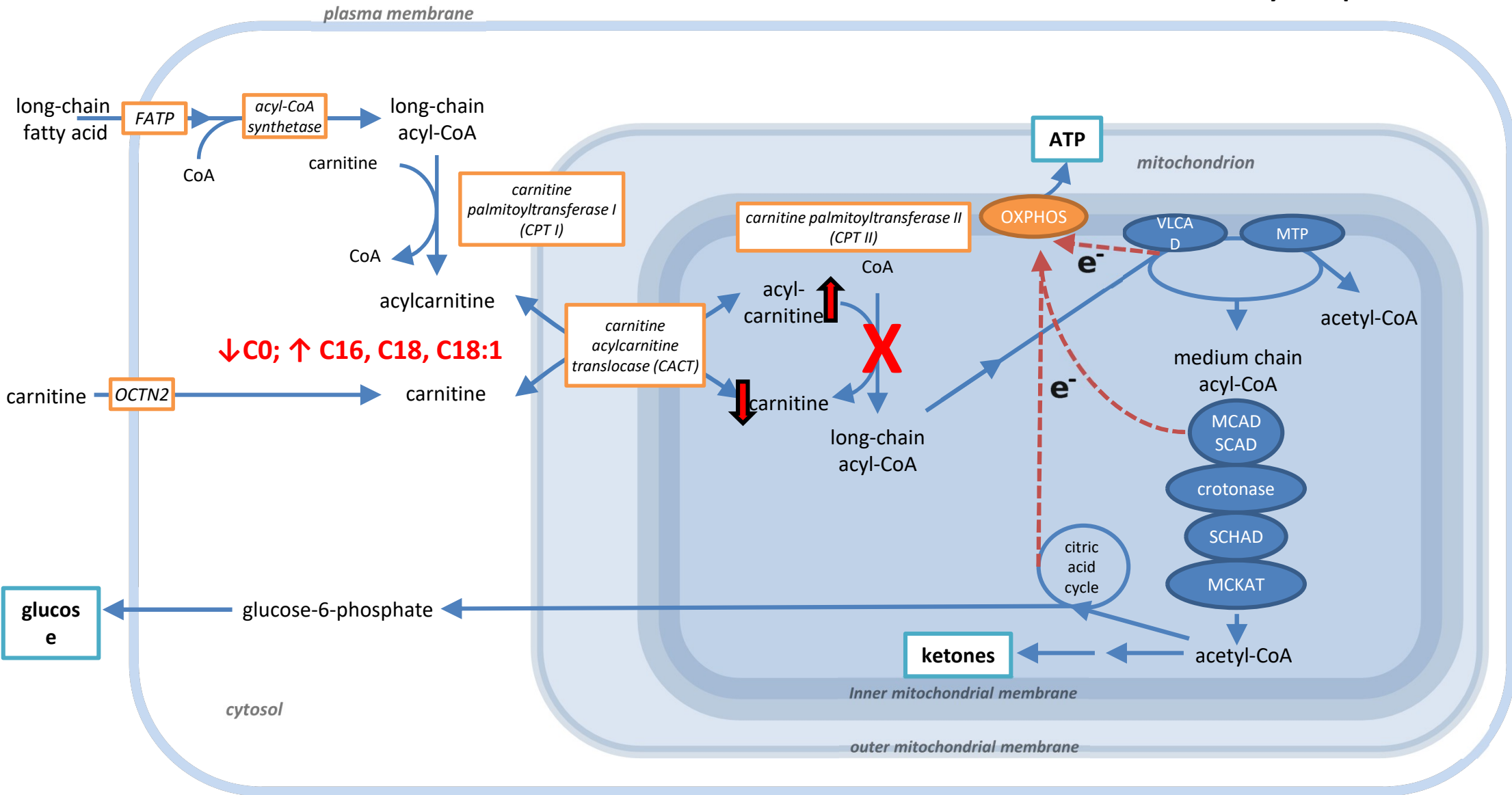
Management

- Avoid prolonged fasting
- Low LCT, high MCT
- Glucose polymer emergency regimen

CPT2 Deficiency



Mitochondrial fatty acid β -oxidation

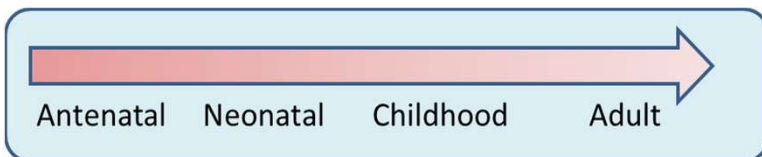


CPT2 deficiency: *Phenotypes*

"Mild"

- Recurrent exercise-induced rhabdomyolysis, often adult onset
- +/- myoglobinuria, acute renal impairment

Intermediate phenotype



Severe neonatal onset

- Usually fatal
- Hypoketotic hypoglycaemia
- Hyperammonaemia
- Cardiomyopathy, AV block and arrhythmias
- Congenital malformations (renal cysts, neuronal migration defects)

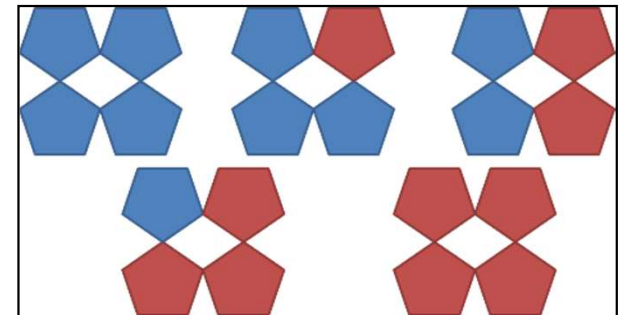
CPT2 deficiency: *Diagnostics*



- **Acylcarnitine profile (=CACT deficiency)**
 - **Plasma** preferred (RBC membrane interferes with C16, C18:1)
 - ↓ C0
 - ↑ C18:1, C18:2. C16, C16-DC. C18:2-DC. C18:1-DC
- Mild form: look at (C16+C18:1)/C2 ratio
- **Urine organic acids: +/- Dicarboxylic aciduria**

CPT2 deficiency: *Genetics*

- CPT2 homotetrameric structure
- Common p.S113L mutation (70% mutant alleles)
 - Thermolabile → loss of function at higher temperatures
 - ***Inhibition of CPT2 in conditions when activity most needed***
- **Heterozygotes**
 - Symptomatic *in extremis*
 - Risk of statin-induced myopathy



CPT2 deficiency: *Management*

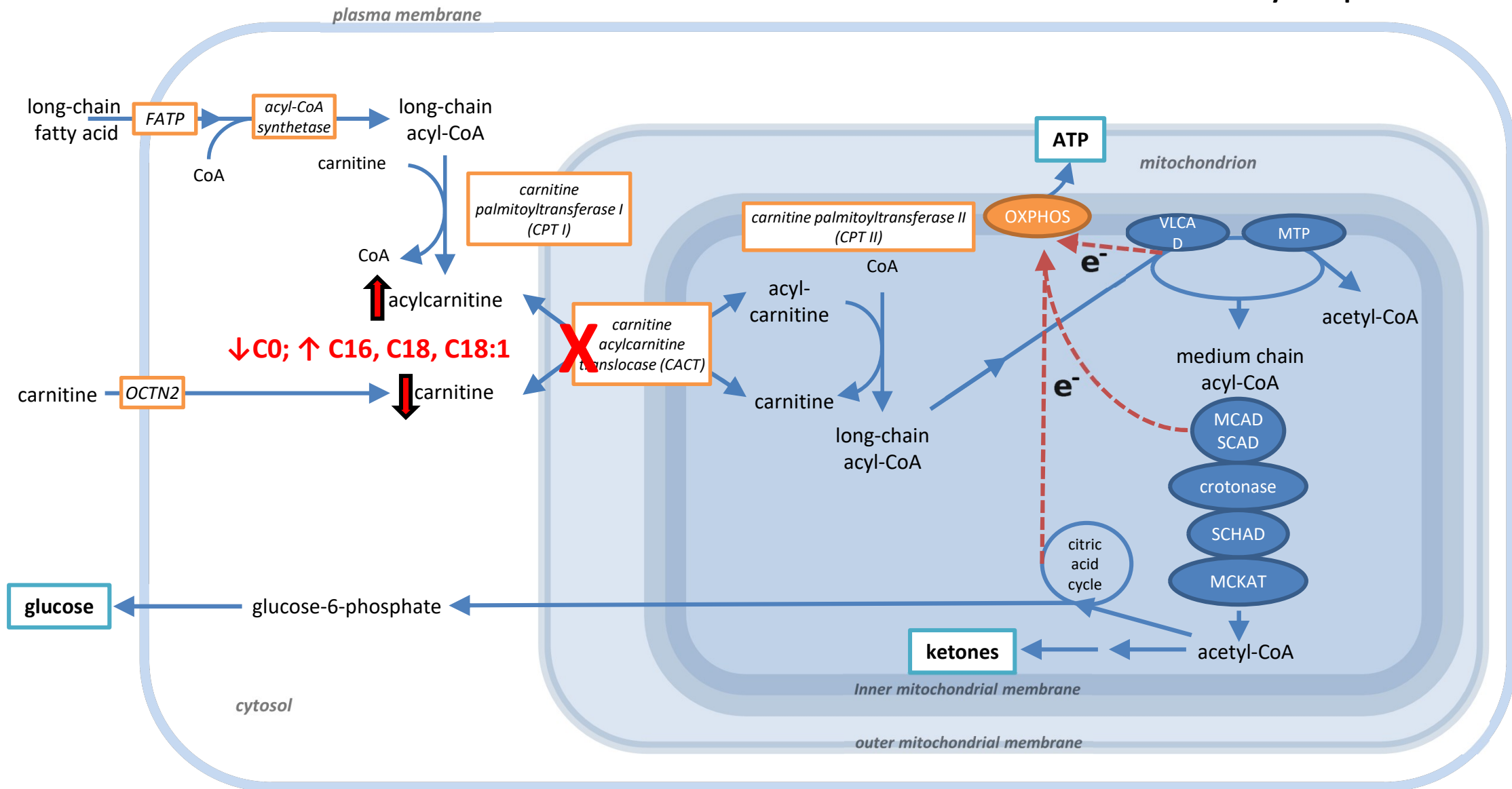


- Avoid prolonged fasting
- Glucose polymer pre-exercise/ during illness
- Dietary LCT restriction/MCT supplementation in severe cases
- Triheptanoin?

CACT deficiency



Mitochondrial fatty acid β -oxidation



CACT Deficiency



Clinical Phenotype

- Most neonatal onset and risk of early mortality
 - Hypoketotic hypoglycaemia, hyperammonaemia
 - Cardiomyopathy, AV block and arrhythmias
- Milder presentation with fasting/illness- induced hypoglycaemia

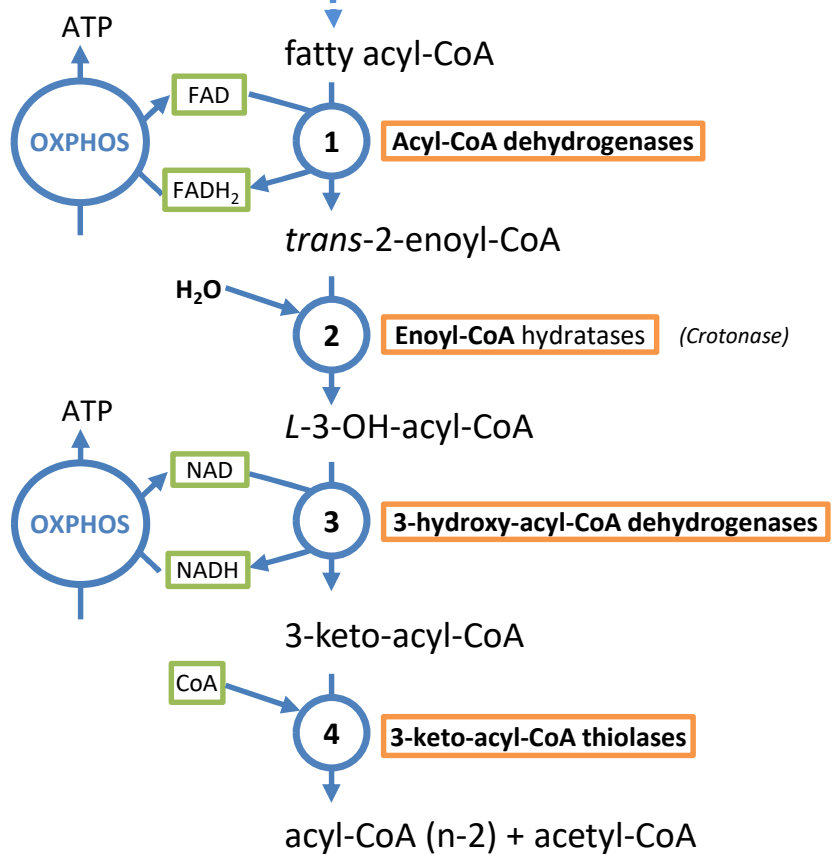
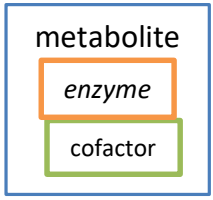
Diagnostics

- Acylcarnitine profile
 - ↓ C0
 - ↑ C18:1, C18:2. C16, C16-DC. C18:2-DC. C18:1-DC
- Urine organic acids:
 - +/- Dicarboxylic aciduria
- *SLC25A20* molecular genetics

Beta-oxidation defects



Mitochondrial β -oxidation



Long Chain

ACADVL

HADHA

HADHA

HADHB

MTP: Mitochondrial Trifunctional Protein

Medium/Short

ACADM
ACADS

ECHS1

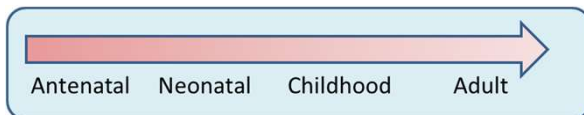
HADH

(Thiolase)

VLCAD Deficiency

Clinical Phenotypes

- Fatal neonatal hypoglycaemia, cardiomyopathy
- Infantile hepatic presentation
- Late-onset muscle presentation
 - Exercise intolerance, rhabdomyolysis
 - Common c.848T>C, p.V283A mutation



Diagnostics

- Acylcarnitine:
 - ↑ C14:1, (C16:1, C14:2, C18:1)
 - May be masked by low free carnitine
 - May be normal in milder cases
- Urine organic acids: dicarboxylic aciduria
- *ACADVL* molecular genetics
- (Enzymology)

VLCAD Deficiency



Management

- Avoid prolonged fasting
- Emergency regimen glucose polymer
- High MCT/ Low LCT diet for severe cases
- Essential fatty acid supplementation
- C7 Triheptanoin
- Peri-exercise advice

Van Calcar et al 2020; Mol Genet Metab 131, 23-37. Nutrition management guideline for very-long chain acyl-CoA dehydrogenase deficiency (VLCAD): An evidence- and consensus-based approach

SSIEM Academy 2023, Manchester

LCHADD/MTP Deficiency

Isolated LCHADD

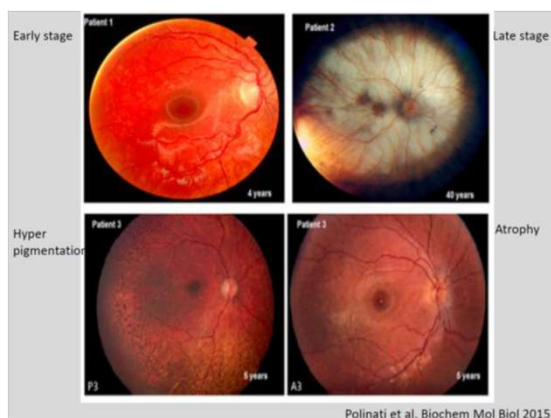
- *HADHA* c.1528G>C (in dehydrogenase domain)
- Single enzyme function defect
- Infantile onset hypoglycaemia, liver dysfunction, lactic acidosis, cardiomyopathy
- Later onset retinopathy, chorioretinal atrophy
- Peripheral neuropathy

Trifunctional protein deficiency

- *HAHDA* or *HADHB* gene
- Severe fatal neonatal presentation with hypoglycaemia, liver dysfunction, progressive cardiomyopathy
- Milder neuromyopathic form

Maternal (heterozygous) carriers

- Risk of Haemolysis, Elevated Liver enzymes, Low Platelets (HELLP)
- Acute Fatty Liver of Pregnancy (AFLP)



LCHADD/MTP Deficiency

Isolated LCHADD

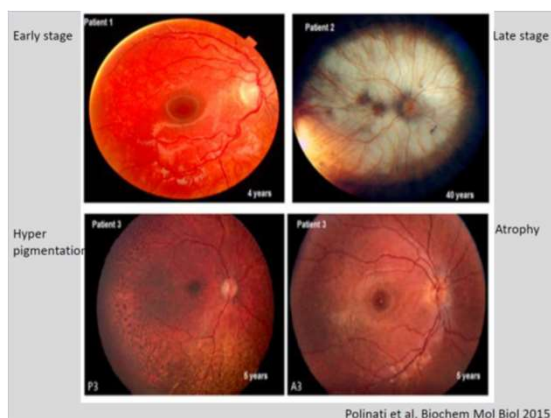
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LCHADD/MTP Deficiency



Diagnostics

- Acylcarnitine:
 - ↑C18:1-OH, C18-OH, C16:1-OH, C16-OH
- Urine organic acids: (hydroxy)dicarboxylic aciduria
- *HADHA/HADHB* molecular genetics

Management

- Avoid prolonged fasting
- Emergency regimen glucose polymer
- High MCT/ Low LCT diet
- Essential fatty acid supplementation
- C7 Triheptanoin?

- **Surveillance for neuropathy, retinopathy, cardiomyopathy**

Treatment: Long chain defects

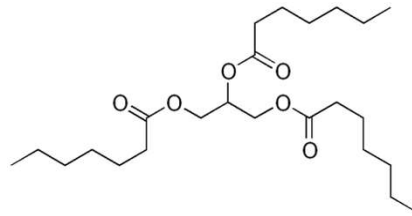


- Limit lipolysis /avoid prolonged fasts
- Provide adequate energy (CHO - 60% energy)
- Limit long chain triglyceride (LCT) intake
- Supplement MCT (20-25% energy)
- Triheptanoin
 - C7 medium chain triglyceride
- Glucose polymer emergency regimen for illness
- Prevent nutrient deficiencies of low LCT diet
 - EFA, LCPUFA
 - fat soluble vitamins

Spiekerkoetter et al. Treatment recommendations in long-chain fatty acid oxidation defects: consensus from a workshop. J Inherit Metab Dis. 2009;32:498–505.

SSIEM Academy 2023, Manchester

Triheptanoin

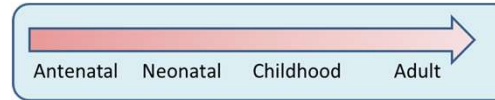


- Triheptanoin
 - Glycerol + 3x C7 (heptanoate)
 - C7 metabolised via short and medium chain FAO system
 - C7 → C2 acetyl-CoA + C3 propionyl-CoA
 - C2 → TCA cycle or ketogenesis
 - C3 → anaplerosis of TCA cycle
- Phase 2 (CL201) study
 - Reduced incidence and frequency of hospital days due to major clinical events (rhabdomyolysis, hypoglycaemia, cardiomyopathy)
 - Improved exercise tolerance
- CL202 open label extension
 - Confirmed benefit
 - Gastrointestinal side effects

Vockley J et al. Results from a 78-week, single-arm, open-label phase 2 study to evaluate UX007 in pediatric and adult patients with severe long-chain fatty acid oxidation disorders (LC-FAOD). *J Inherit Metab Dis.* 2018;42: 169-177.

Vockley et al, Effects of triheptanoin (UX007) in patients with long-chain fatty acid oxidation disorders: Results from an open-label, long-term extension study. *J Inherit Metab Dis.* 2021;44:253–263.

MCAD Deficiency



Commonest FAOD (1:6000-8000)
Common *ACADM* mutation c.985A>G

Clinical Phenotypes

- Lethargy, nausea, vomiting progressing to coma, seizures
- Acute cardiac event/ Sudden unexplained death in infancy
- Hypoglycaemia – late sign
- Acute liver dysfunction
- Can present later in adulthood

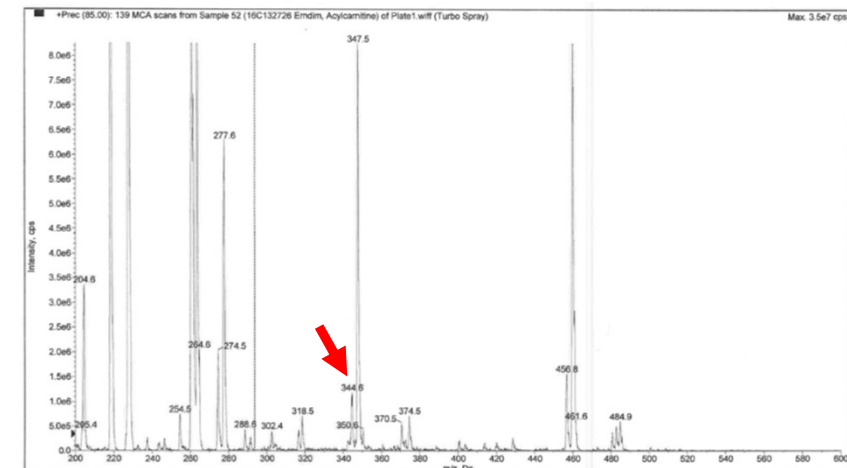
Diagnosis

- Acylcarnitines
 - \uparrow C8, \uparrow C8/C10 ratio, C10:1
- Urine hexanoyl-, suberyl-, phenylpropionylglycine
- *ACADM* molecular genetics

Newborn Screening

Management

- Avoid prolonged fasting
- Emergency regimen glucose polymer
- **Prospective management for subsequent infants at risk**



Short chain defects



- **SCAD deficiency**
 - *ACADS*
 - Majority asymptomatic
 - Reported associations with failure to thrive, developmental delay
- **Diagnostics**
 - Acylcarnitines: \uparrow C4
 - Urine butyrylglycine
 - Urine organic acids: ethylmalonic
- **SCHAD deficiency = Hydroxyacyl-CoA dehydrogenase deficiency**
 - *HADH*
 - Association with hyperinsulinemic hypoglycaemia
 - Regulation of insulin secretion via GDH in pancreatic islet cells.
 - Risk of hypoglycaemia
- **Diagnostics**
 - Acylcarnitines: \uparrow C4-OH
 - Urine organic acids: \uparrow 3-OH-glutarate
 - Responsive to diazoxide

Short Chain Enoyl Hydratase deficiency

Clinical Phenotypes

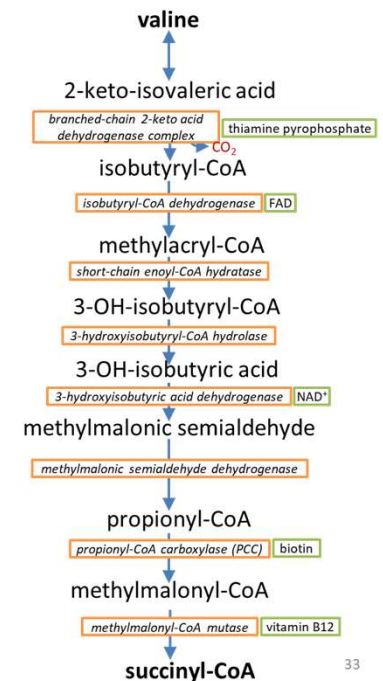
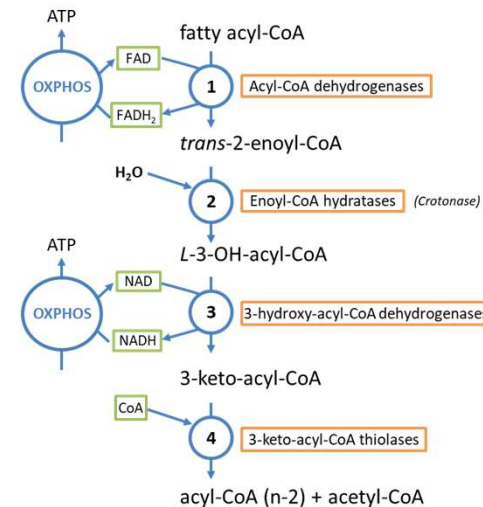
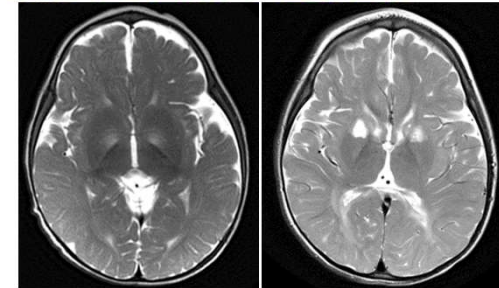
- Neonatal lactic acidosis/ encephalopathy
- Leigh/Leigh-like disease
- Severe neurodevelopmental disorder
- Isolated paroxysmal dystonia cohort

Diagnostics

- Lactic acidosis
- Urine organic acids:
 - 2-methyl-2,3-dihydroxybutyrate, branched chain ketoacids, 3-OH-isovalerate, 3-methylglutaconate, ketones, lactate
- Urine acryloyl-cysteamine, methacryl-cysteamine
- Acylcarnitines: +/- ↑C4
- Secondary respiratory chain enzyme deficiencies
- *ECHS1* molecular genetics

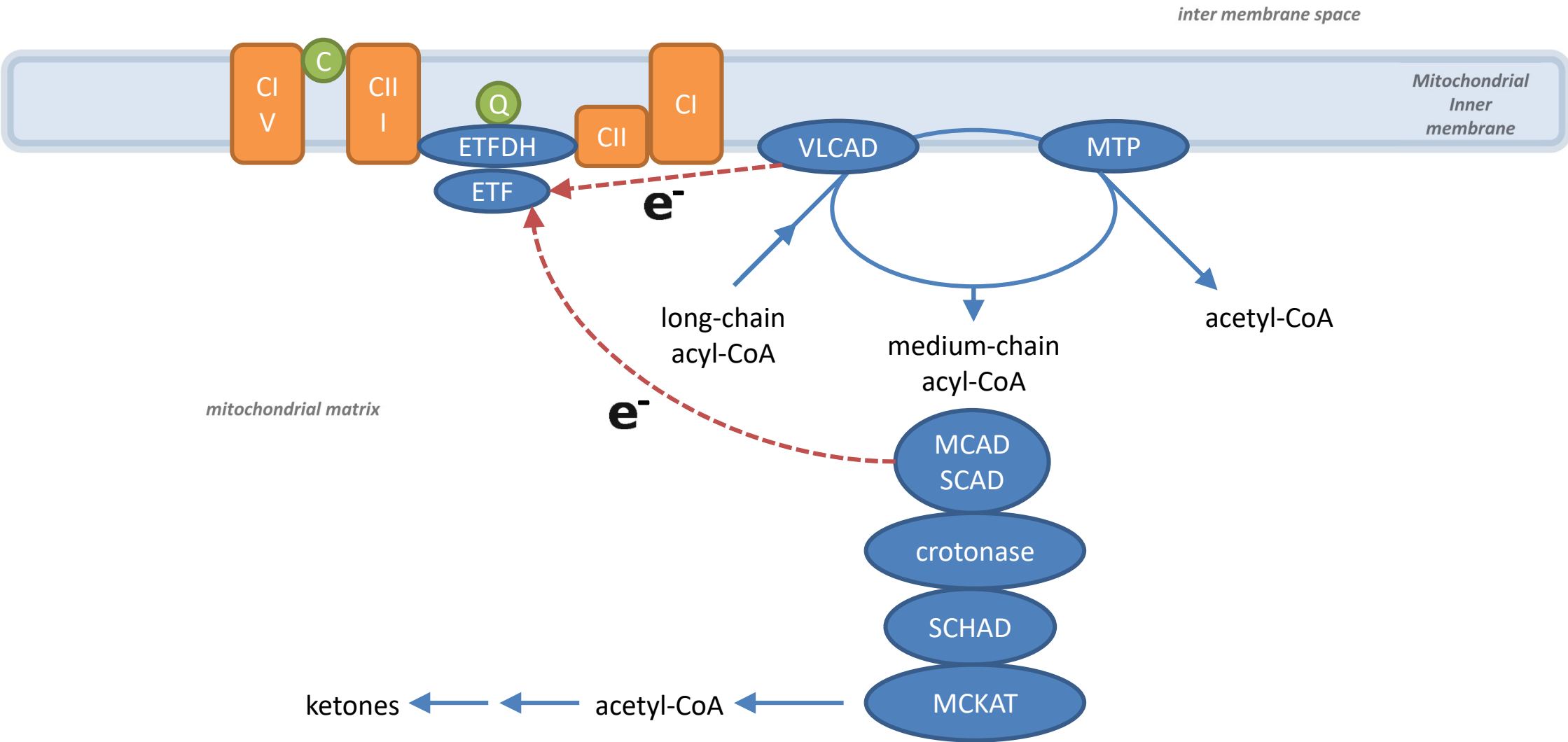
Treatment

- ?Valine restricted diet



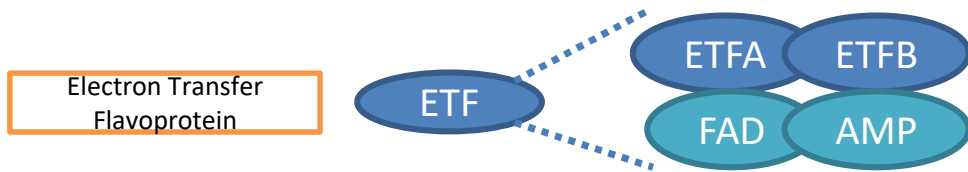
Electron Transfer defects



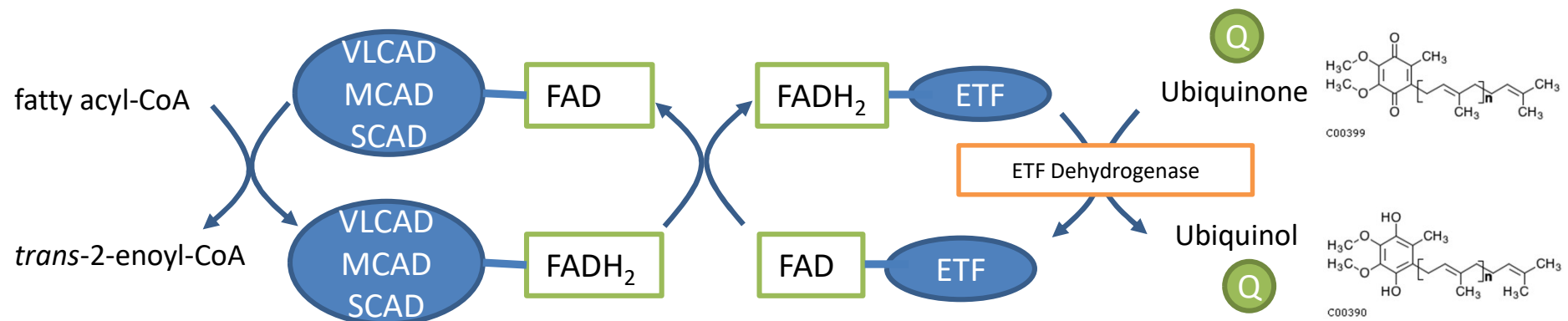


FAD-linked dehydrogenases

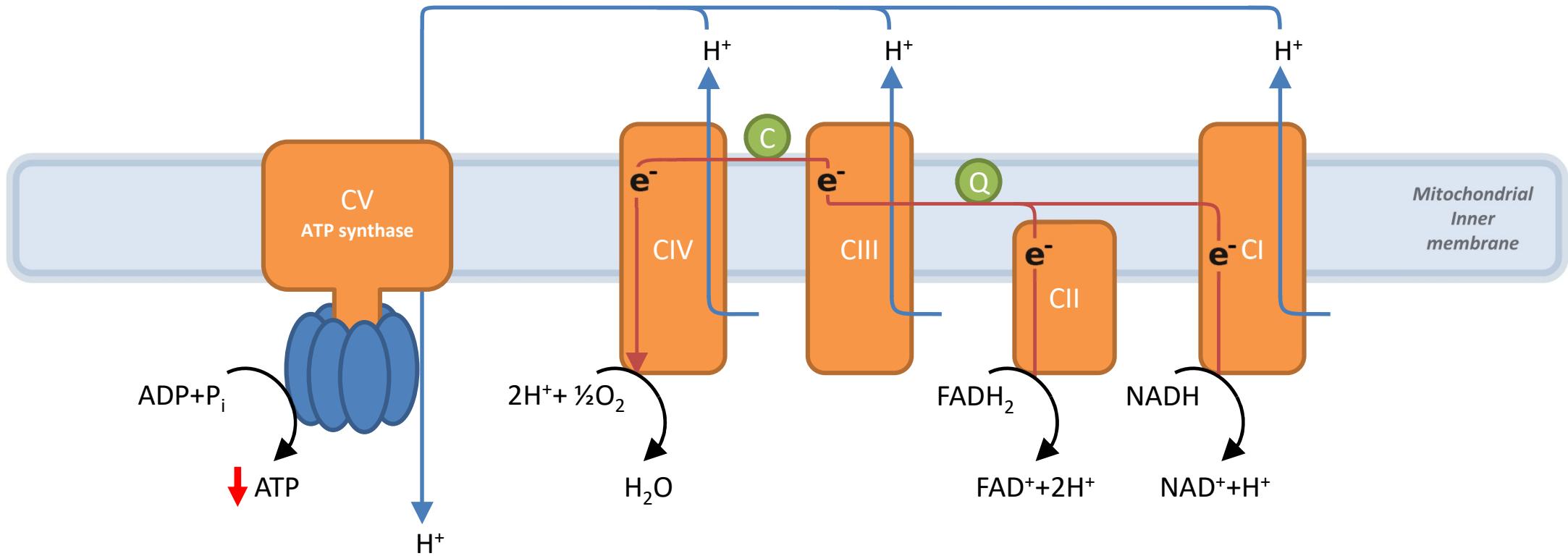
- Fatty acyl-CoA dehydrogenases
- Branched chain amino acid pathway
- Choline pathway
- Other



Heterodimer of ETFA & ETFB subunits
 Flavin adenine dinucleotide
 Adenosine monophosphate



the mitochondrial oxidative phosphorylation system (OXPHOS)



Multiple Acyl-CoA Dehydrogenase Deficiency (MADD, Glutaric aciduria type II)



• Clinical Phenotypes

- **Type 1:** neonatal onset with congenital anomalies (kidneys, neuronal migration), cardiomyopathy
 - **Type 2:** neonatal onset without congenital anomalies, cardiomyopathy
 - **Type 3:** later-onset
 - Hypoglycaemia, liver dysfunction
-
- Hypoketotic hypoglycaemia, hyperammonaemia metabolic acidosis
 - Hypotonia/ myopathic
 - Respiratory insufficiency
 - Liver dysfunction, hepatomegaly
 - Cardiomyopathy
 - Pancreatitis

• Diagnostics

- Acylcarnitines: \uparrow C4, C5, C5-DC, C6, C8, C10, C12, C14:1, C16, C18:1
- Urine Organic acids: Ethylmalonic, glutaric, 2-OH-glutaric acids, dicarboxylic aciduria
- Fatty acid oxidation flux studies
- Molecular genetics *ETFA*, *ETFB*, *ETFDH*

• Differentials

- Riboflavin transporters, FAD synthetase, (severe) riboflavin deficiency

• Treatment

- Riboflavin
- Avoid prolonged fasting
- Dietary: Low-fat, CHO predominant
- 3-OH-butyrate

Summary



- All stages of fatty acid oxidation process can be affected
- Common clinical/biochemical features
- Key diagnostics
 - Acylcarnitine profile (bloodspot, plasma)
 - Urine organic acids
 - Molecular genetics (and/or enzymology)
 - Abnormalities can be variable/subtle
- All disorders display range of severity from antenatal onset to late-onset adult or asymptomatic forms