



ASSOCIATION NATIONALE
DE PARENTS D'ENFANTS ET D'ADULTES ATTEINTS
DE MALADIES METABOLIQUES HEREDITAIRES

2023 Annual Congress of the Feux Follets

During the 21st and 22nd October, the Feux Follets' association was holding its national congress.

During two days, 90 families gathered at the ASCOTEL Hotel in Lille, France, to participate in the workshops, activities and animations proposed by the association and its industrial collaborators.

The families arrived Saturday morning and enjoyed the industrial showrooms during all the day. In the afternoon, four workshops were held with discussions between healthcare professionals and families, on topics like « lifelong diet : How to manage it ? » or « how to start with PKU ».

Simultaneously, animations were held by the association at the auditorium for small children, and cooking workshops were proposed by the industrialists, while the teenagers were having an escape game outside of the Hotel. At dawn, a cocktail was served to the participants and the evening was spent chatting around the dinner tables and singing during the karaoke night.

Sunday morning, after their breakfast, the families left their kids at the childcare service in order to gather in the auditorium for the annual general meeting of the association. The activities report, moral report and financial report were presented and voted, and news on research were presented by healthcare professionals. Finally, a focus was made on the French delivery system of formulas and low-protein products, with an important change to come in the coming year. The general meeting was closed by the president at noon and participants had time to share a last lunch together before to pack for their journey home.

Another successful congress full of memories for the Feux Follets' members !

Florent COTTIN

Admin of the Feux Follets

18 Novembre 2023